fOCUS: intensief doorpakken met jongeren met OCD

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON20016

Source
NTR

Health condition

Obsessive-compulsive disorder
CBT
intensive treatment

Sponsors and support

Primary sponsor: ProPersona
Source(s) of monetary or material Support: -

Intervention

Outcome measures

Primary outcome

OCD symptoms

Secondary outcome

General functioning

Quality of life

Study description

Background summary

Children (age 15-19) with OCD, who are noremitters on regular CBT, will receive an intensive 8-day CBT, followed by 4 weekly boostersessions, The study uses a multiple baseline design. primary outcomes are assessed in 4 phases. The patients are recruited in the Netherlands.

Study objective

Patients will improve significantly on OCD symptoms and general functioning.

Study design

The study consists of 4 phases, the baseline phase, the intervention phase, the post intervention phase and the follow-up. During the total study duration of 19 weeks, patiens have weekly assessments of their main symptoms. Before and after every phase the secondary outcome measures are assessed. (4 assessments in total.).

Intervention

In the present study, intensive CBT treatment will be delivered in 8 days (in two weeks). CBT will take place in different locations, at home, etc. After the intensive phase, patients will receive 4 boostersessions of 90 minutes during the following 4 weeks and an evaluation session. There is a baseline phase, which is the control for the active phase.

Contacts

Public
Pro Persona PB 31435
M Kampman
Nijmegen 6503 CK
The Netherlands
Scientific
Pro Persona PB 31435
M Kampman
Nijmegen 6503 CK
The Netherlands

Eligibility criteria

Inclusion criteria

Age 15-19

A primary diagnosis of OCD (assessed with MINI)

Nonremitter to a adequate dose of regular CBT (with ERP).

CY-BOCS score of 16 (or 10 in case of pure obsessions)

Exclusion criteria

Severe unstable mental disorder like depressive disorder, risk of suicide (assessed with MINI), severe autism spectrum disorders, severe family malfunctioning, severe cognitive malfunction, mental retardation; Patient (and family) are not able to focus on intensive treatment for 2 weeks because of social problems. Inability to read, write or speak in the Dutch language; Patient is not able to taper off drugs or alcohol use.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL

Recruitment status:	Pending
Start date (anticipated):	01-05-2016
Enrollment:	10
Type:	Anticipated

Ethics review

Positive opinion

Date:	07-03-2016
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

ID: 42267
Bron: ToetsingOnline
Titel:

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL4907
NTR-old	NTR5771
CCMO	NL49574.072.14
OMON	NL-OMON42267

Study results