# ROutine versus on DEmand removal Of the syndesmotic stabilisation screw; a randomized controlled trial (RODEO-trial)

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

## **Summary**

### ID

NL-OMON20095

**Source** Nationaal Trial Register

**Brief title** RODEO-trial

### **Health condition**

Ankle/Enkel Fracture/Fractuur Syndesmotic screw/Syndesmose schroef Implant removal/ Verwijderen osteosynthesemateriaal Routine removal/ Routinematig verwijderen schroef Removal on demand/ op indicatie verwijderen schroef Functional outcome/ functioneel herstel Cost-effectiveness/ kosteneffectiviteit

### **Sponsors and support**

Primary sponsor: Academic Medical Center Source(s) of monetary or material Support: ZonMw

### Intervention

### **Outcome measures**

#### **Primary outcome**

OMAS

#### Secondary outcome

- Functional outcome through the American Orthopedic Foot and Ankle Score (AOFAS)
- Pain though the Visual analog scale (VAS-score)
- Range-of-motion
- Surgical complications (such as wound infections)
- Recurrent syndesmotic diastasis
- Quality of life though the EQ-5D-5L
- Health care consumption through the iMCQ
- Loss of productivity through the iPCQ

## **Study description**

#### **Background summary**

The RODEO trial investigated the difference in functional outcome between routine and on demand removal of the syndesmotic screw and found that on demand removal was noninferior to routine removal.

#### **Study objective**

The outcome in patients with removal on demand is not inferior to the outcome in patients with routine removal. By omitting routine removal a reduction in costs will be achieved

#### Study design

3, 6 and 12 months postoperatively

#### Intervention

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We will investigate a removal on demand strategy regarding the syndesmotic screw. This means that patients, in whom a syndesmotic screw has been placed, will not be scheduled for screw removal unless the screw becomes symptomatic. Examples of symptomatic hardware are restricted range-of-motion and prominent screws.

## Contacts

Public AMC

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## **Eligibility criteria**

## **Inclusion criteria**

- Over 17 years of age
- A syndesmotic screw for an instable ankle fracture
- Syndesmotic screw placed within two weeks of the trauma
- Being in such condition that one is able to possibly undergo a second procedure

## **Exclusion criteria**

- Patients treated with another device than a syndesmotic screw
- ISS score > 15

- Injuries to the ipsi- and contralateral side which might hamper rehabilitation
- Other medical conditions which hamper physical rehabilitation
- Incomprehensive understanding of the Dutch language

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-11-2016
Enrollment:	196
Туре:	Actual

### **IPD** sharing statement

Plan to share IPD: Undecided

#### Plan description on request

## **Ethics review**

Positive opinion Date:

Application type:

15-07-2016 First submission

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## **Study registrations**

## Followed up by the following (possibly more current) registration

ID: 47890 Bron: ToetsingOnline Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL5810
NTR-old	NTR5965
ССМО	NL58539.018.16
OMON	NL-OMON47890

## **Study results**

Summary results submitted