# Conscious Sedation or General Anesthesia for Laparoscopic Sterilisation

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON20118

**Source** 

**NTR** 

#### **Health condition**

laparoscopy, sterilization, sedation, general anesthesia. Laparoscopie, sterilisatie, sedatie, algehele anesthesie

# **Sponsors and support**

**Primary sponsor:** Catharina Hospital, Eindhoven

Source(s) of monetary or material Support: Same as sponsor

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Total patients' recovery as measured with the Quality of Recovery 40 questionnaire (QoR-40) one day after surgery

## **Secondary outcome**

Number of complications, operating times, recovery times, peri-operative parameters such as heart rate, blood pressure and saturation, and late patients' recovery as measured with the

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# **Study description**

#### **Background summary**

Female sterilization is the most popular and common contraceptive method worldwide. A recently published systematic review shows that patients might benefit from a laparoscopic sterilization

procedure using conscious sedation compared to general anesthesia. However, only few and relatively old studies could be included, pointing out the importance of new research regarding this subject. Therefore, we will perform a randomized controlled trial to study the difference in patients' recovery when using conscious sedation instead of general anesthesia for laparoscopic sterilization.

## Study objective

Patients have a better recovery after laparoscopic sterilization under conscious sedation compared to general anesthesia as measured with the QoR-40 one day after surgery.

## Study design

- 1. Admission, surgery and recovery time and peri-operative parameters during admission
- 2. Patients' recovery 1 day after surgery
- 3. Patients' recovery 1 week after surgery
- 4. Complications until 6 weeks after surgery

#### Intervention

Conscious sedation versus general anesthesia

# **Contacts**

#### **Public**

Catharina ziekenhuis Dana Huppelschoten Jeroen Bosch Hospital Den Bosch The Netherlands
0615339787
Scientific
Catharina ziekenhuis
Dana Huppelschoten
Jeroen Bosch Hospital
Den Bosch
The Netherlands

0615339787

# **Eligibility criteria**

## **Inclusion criteria**

- 18 years or older
- Classificantion: ASA 1 or 2
- Being able to understand the Dutch language

## **Exclusion criteria**

- Younger than 18 years
- no Dutch speaking
- Extensive abdominal surgery in the past which high chance of adhesions
- Classification ASA 3 of 4

# Study design

# **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Single blinded (masking used)

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Control: Active

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 25-10-2019

Enrollment: 46

Type: Anticipated

## **IPD** sharing statement

Plan to share IPD: Yes

## **Ethics review**

Positive opinion

Date: 27-02-2018

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL5526 NTR-old NTR7092

Other MEC-U: R19.006

# Study results