# Remission induction in early rheumatoid arthritis.

No registrations found.

**Ethical review** Positive opinion **Status** Recruitment stopped

Health condition type -

**Study type** Interventional

### **Summary**

#### ID

NL-OMON20139

Source

NTR

**Brief title** 

N/A

**Health condition** 

Observational study.

### **Sponsors and support**

**Primary sponsor: N/A** 

Source(s) of monetary or material Support: Yes

#### Intervention

### **Outcome measures**

#### **Primary outcome**

Percentage of patients reaching DAS28<2.6.

### **Secondary outcome**

1. Radiographic changes;

- 2. Percentage of patients staying in remission;
- 3. Percentage of patients staying in remission after discontinuation of anti-YNF medication.

# **Study description**

### **Background summary**

Patients with recent onset RA are treated according to a tight step up medication scheme. Aim of treatment is to reach clinical remission of the disease as soon as possible, DAS 28 < 2.6. Introduction of anti-TNF medication is possible after the use of 2 DMARDs, according to the present Dutch regulations for the use of anti-TNF in clinical practice. If remission is reached with the use of anti-TNF and the disease stays in remission for 6 months, de anti-TNF dose will reduced and in the case of persisting remission be stopped. Radiographic damge and disease activity will be monitored regularly.

### Study objective

Early and aggressive treatment of rheumatoid arthritis according to a strict treatment protocol results in a 70% remission of the disease within 2 years.

### Study design

N/A

#### Intervention

Tight control of disease activity by a strict treatment scheme and strictly defined decision moments for treatment changes.

### **Contacts**

#### **Public**

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# **Eligibility criteria**

### Inclusion criteria

- 1. RA according to ACR1987 criteria;
- 2. diagnosis RA <3 months;
- 3. age >18;
- 4. no prior DMARD use;
- 5. DAS 28 > 3.2 and/or erosions.

### **Exclusion criteria**

Pregnancy/pregnancy wish.

# Study design

### **Design**

Study type: Interventional

Intervention model: Other

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 09-01-2006

Enrollment: 200

Type: Actual

# **Ethics review**

Positive opinion

Date: 12-01-2006

Application type: First submission

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

NTR-new NL534 NTR-old NTR578 Other : N/A

ISRCTN Incomplete info for ISRCTN

# **Study results**

### **Summary results**

N/A