# Concentratie van clindamycine in bloed bij patiënten met overgewicht

Published: 14-02-2018 Last updated: 13-01-2025

0-hypothesis: no clinically relevant difference in clindamycin exposure (AUC/MIC) in

overweight patients using 70 kg as a reference body weight

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

**Study type** Observational non invasive

## **Summary**

## ID

NL-OMON20286

**Source** NTR

Brief title

**CLIPO** 

**Health condition** 

infection clindamycin overweight obesity pharmacokinetics

## **Sponsors and support**

**Primary sponsor:** Gelre Hospitals, Apeldoorn/Zutphen

Albert Schweitzerlaan 31 7334 DZ Apeldoorn

**Source(s) of monetary or material Support:** fund = initiator = sponsor

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Non-linear mixed effect pharmacokinetic model

## **Secondary outcome**

- Variability of plasma protein binding
- Pharmacokinetic target achievement

# **Study description**

#### **Background summary**

Rationale: To date sufficient and specific pharmacokinetic data on clindamycin in obese patients are lacking. Obesity is a widely recognized worldwide problem. Besides the risk of an increased body mass index (BMI) on the development of cardiovascular diseases, diabetes and different types of cancer, it is well known that obesity is associated with inflammatory processes [3,4]. Because of the growing problem of obesity clinicians face the fact that there isn't much information available to make the right dosing decisions in obese patients. Obesity is associated with pathophysiological changes that can influence pharmacokinetics of drugs in important matter. Clindamycin is a lincomycin antibiotic and is effective against anaerobe and Gram-positive aerobe bacteria. It is plausible that current dosing regimens lead to subtherapeutic plasma concentrations and consequently inadequate treatment in the growing obese population

Objective: Primary Objective: To determine the pharmacokinetics of clindamycin in patients of different weight categories who are treated for an infection caused by a clindamycin susceptible pathogen

#### Secondary Objective(s):

- · To determine the variability and influence of clindamycin plasma protein binding
- · To compare the pharmacokinetic target achievement by using modelling and simulation.

Overall Aim: To develop rational dosing regimens for clindamycin in patients of different body weight classification.

Study design: This project is a prospective open multi-center observational cohort study.

Study population: Hospitalized patients (≥18 years old) with an infection treated with intravenous or oral clindamycin.

Main study parameters/endpoints: Clearance and distribution volume. Secondary parameters are absorption rate constant, bioavailability, weight, height, unbound clindamycin fraction and body composition. These parameters will be estimated from the measured plasma concentrations by non-compartimental analysis and nonlinear mixed effect modelling. Plasma concentrations will be measured by a validated method using liquid chromatography –

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tandem mass spectrometry.

## **Study objective**

0-hypothesis: no clinically relevant difference in clindamycin exposure (AUC/MIC) in overweight patients using 70 kg as a reference body weight

## Study design

0, 0.5, 1, 1.5, 2, 4, 6 and 8 hours after administration

#### Intervention

n.a.

## **Contacts**

#### **Public**

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# **Eligibility criteria**

#### Inclusion criteria

- Age > 18 years
- Treatment at regular dosing intervals with intravenous or oral clindamycin for at least 48 hours on day of blood sampling. Subject can be included twice if route of administration
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## changes.

- Having signed the Informed Consent form.

## **Exclusion criteria**

- Administration of medication with a known pharmacokinetic interaction (e.g. rifampicin, HIV protease inhibitors.
- Inability to understand the nature of the trial and the procedures required.
- Self-reported pregnancy

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Parallel

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: Active

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 29-01-2018

Enrollment: 40

Type: Anticipated

# **Ethics review**

Positive opinion

Date: 14-02-2018

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

ID: 45669

Bron: ToetsingOnline

Titel:

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL6877 NTR-old NTR7055

CCMO NL61042.091.17 OMON NL-OMON45669

# **Study results**