

Evaluation of Optimized ROM and Shared Decision making

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON20374

Source

Nationaal Trial Register

Brief title

ROM&SDM

Health condition

Depression, Anxiety disorders

Sponsors and support

Primary sponsor: Stichting tot Steun VCVGZ

Source(s) of monetary or material Support: Stichting tot Steun VCVGZ

Intervention

Outcome measures

Primary outcome

Treatment outcome as measured with a self-report measure of severity of psychopathology (Symtoms Questionnaire-48)

Secondary outcome

Study description

Background summary

Measuring outcomes routinely (ROM), providing feedback to therapist and patients during treatment and taking decisions regarding the treatment conjointly (Shared Decision making or SDM) may enhance the outcome and diminish the chance of failure. It is hypothesized that optimized ROM (more frequent intermediate assessments via the Feedback Informed Treatment or FIT method) and proper training of therapists in how to employ the information therapeutically in SDM, will enhance treatment results and patients' experience.

Study design: A stratified cluster randomized controlled intervention study

Study population: Patients in treatment for common mental health problems, such as depression and anxiety

Intervention: 24 therapist will be randomised over two arms: 12 therapists will receive training and supervision over 14 treated patients, 12 other therapists will be the Treatment As Usual (TAU) control group.

Study objective

Training therapist in optimized ROM (Feedback Informed Treatment) and Shared Decision Making will result in less drop-outs, better outcomes, better patient experience and more favourable attitude of therapist towards Routine Outcome Monitoring

Study design

pre-post treatment

Intervention

Training therapist in optimized ROM (Feedback Informed Treatment) and Shared Decision Making and monthly supervision sessions for the duration of the study

Contacts

Public

Faculteit Sociale Wetenschappen, Leiden University
Edwin de Beurs

06 12318205

Scientific

Faculteit Sociale Wetenschappen, Leiden University
Edwin de Beurs

06 12318205

Eligibility criteria

Inclusion criteria

Common mental disorder in ambulatory treatment

Exclusion criteria

Severe mental illness

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	30-05-2019
Enrollment:	336
Type:	Anticipated

IPD sharing statement

Plan to share IPD: Undecided

Ethics review

Positive opinion

Date: 30-05-2019

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL7775
Other	METC LUMC : P19.008

Study results