

# VESPA Trial: Endovenous laser treatment versus crossectomy of the small saphenous vein.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON20493

### Source

NTR

### Brief title

N/A

### Health condition

insufficienct small saphenous vein

## Sponsors and support

**Primary sponsor:** AngioCare BV

**Source(s) of monetary or material Support:** AngioCare BV

## Intervention

## Outcome measures

### Primary outcome

- Insufficiency after 6 weeks (therapyfailure)

- Insufficiency after 1 year (recurrence)

## **Secondary outcome**

- Quality of life
- Morbidity
- Cosmetic results
- Duration of treatment
- Resumption of work.

## **Study description**

### **Background summary**

Venous insufficiency has a high incidence worldwide. It is seen in 5-15% of all men and 15-30% of all women in western countries, varying from cosmetic complaints to chronic venous insufficiency and ulcers.

The prevalence of insufficiency of the small saphenous vein (SSV) is 10-18%. In the early twentieth century the surgical procedure of choice for insufficiency of the great saphenous vein (GSV) was the saphenofemoral ligation and GSV stripping.

Since stripping of the SSV resulted in a large number of nerve damages of the sural nerve, the method was adjusted to the saphenopopliteal ligation. The percentage of therapy failure (persistent insufficiency of the SSV perioperatively) is 25%. Reflux at one year was seen in 52%.

The number of therapy failure is explained by the variable anatomy of the SSV and its junction.

Endovenous laser treatment (EVLT) is a minimal invasive, percutaneous, endovenous technique causing heat mediated steam bubbles resulting in endothelial damage and occlusion of the venous segment. EVLT is a widely used technique for treatment of insufficiency of the GSV. The use of EVLT for treatment of the insufficiency of the SSV has not been investigated earlier by a randomized trial.

Due to the fact that the SSV is cannulated under ultrasound guidance, it is certain the correct vein is being treated.

This may result in a reduction of therapy failures and long term insufficiency.

### **Study objective**

Endovenous laser treatment of the small saphenous vein is comparable to crosssection with

regard to recurrence and therapy failure.

## **Study design**

Questionnaires preoperatively and at 1, 2, 6 and 12 weeks and 12 months.

Duplex at 6 weeks and 12 months.

## **Intervention**

Endovenous laser treatment (EVLT)

Ligation of saphenopopliteal junction

## **Contacts**

### **Public**

Sint Franciscus Gasthuis (SFG)  
Secr. Heelkunde

A.C. Ham, van der  
Kleiweg 500

Rotterdam 3045 PM  
The Netherlands  
+31 (0)10 4616161

### **Scientific**

Sint Franciscus Gasthuis (SFG)  
Secr. Heelkunde

A.C. Ham, van der  
Kleiweg 500

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The Netherlands  
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## **Eligibility criteria**

### **Inclusion criteria**

1. Insufficiency of the small saphenous vein  
CEAP 2 to 6
2. Age > 18 years old
3. Comprehension of the dutch language
4. Treatment of a least 10 cm
5. Informed consent

## Exclusion criteria

1. Diameter less than 2 mm
2. Simultaneous insufficiency of the large saphenous vein
3. Arterial insufficiency
4. Pregnancy
5. Recurrent insufficiency of the small saphenous vein
6. Spiral shape of the small saphenous vein

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-11-2008

Enrollment: 180  
Type: Anticipated

## Ethics review

Positive opinion  
Date: 24-11-2008  
Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL1484
NTR-old	NTR1554
Other	TWOR : 2008/11
ISRCTN	ISRCTN wordt niet meer aangevraagd

## Study results

### Summary results

N/A