# The CAVIAR-trial

No registrations found.

Ethical review	Not applicable
Status	Pending
Health condition type	-
Study type	Interventional

# **Summary**

### ID

NL-OMON20520

Source NTR

Brief title CAVIAR

#### **Health condition**

Persistent and longstanding persistent atrial fibrillation

### **Sponsors and support**

Primary sponsor: University Medical Center Utrecht (UMCU) Source(s) of monetary or material Support: University Medical Center Utrecht (UMCU)

### Intervention

### **Outcome measures**

#### **Primary outcome**

The primary objective of the study is to evaluate which treatment- surgical ablation or catheter ablation- is most effective in treating persistent and longstanding persistent atrial fibrillation measured by success at 12 months after 1 procedures.

#### Secondary outcome

The incidence of periprocedural complications, clinical success after 12 months, procedural

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duration, number of repeat procedures, success and clinical success after 2 procedure after 12 months, quality of life measurements before and 6 months after the first procedure.

# **Study description**

#### **Background summary**

Introduction

Catheter ablation (CA) is a successful treatment option in patients suffering from paroxysmal atrial fibrillation (AF). In patients with (longstanding) persistent AF the results are substantially lower. Over the last years, minimal invasive surgical ablation (SA) through video assisted thoracoscopic surgery (VATS) has been developed. Compared with CA, SA may be more effective, especially after one procedure. No randomized controlled trials directly comparing CA and SA for the primary treatment of (longstanding) persistent AF have been performed yet.

#### Purpose

The aim of this study is to determine which treatment, SA or CA, is superior as a primary treatment in patients suffering from (longstanding) persistent atrial fibrillation (AF) measured by success at 12 months after 1 procedure

#### Methods

The CAVIAR-trial is a single center, randomized intervention study with a follow up of 12 months. 60 Patients will be randomized in either:

o Transvenous catheter ablation

o Minimal invasive surgical ablation through video assisted thoracoscopic surgey

The follow-up protocol is the same as standard care. Patients will visit the outpatient clinic at 3, 6, and 12 months post-ablation.

#### Study objective

The hypothesis is that minimal invasive surgical ablation through video assisted thoracoscopic surgey as a primary treatment in patients suffering from (longstanding) persistent atrial fibrillation is superior to transvenous catheter ablation

#### Study design

Follow up will take place at 3,6 and 12 months

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#### Intervention

-Catheter ablation

-Surgical ablation

# Contacts

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# **Eligibility criteria**

### **Inclusion criteria**

- Patients age is > 18 years

- Patients with persistent or longstanding persistent atrial fibrillation. Persistent AF is defined as sustained episodes of atrial fibrillation lasting >7 days. Longstanding persistent AF is defined as sustained episode lasting >1 year.

- Patients undergoing a first time invasive treatment procedure for persistent atrial fibrillation

- AF must be recorded at least once by ECG, holter, telemetry, loop recorder or internal device.

- Patients must give informed consent to participate

## **Exclusion criteria**

- Patients suffering from paroxysmal atrial fibrillation. Paroxysmal AF is defined as episodes of AF that terminates spontaneously within 7 days.

- Patients suffering from AF secondary to a reversible cause as electrolyte imbalance or hyperthyroidism.

- Body mass index >40
- Active infection or sepsis
- Unstable angina, myocardial infarction within the previous 6 months

- Patients with any contra-indications for electrophysiologic study and ablation in the left atrium:

-pregnancy

-presence of a left atrial thrombus

- Patients with any contra-indications for video assisted thoracoscopic surgery:
- prior lung/cardiac surgery
- pleural adhesions
- elevated hemidiaphragm
- mitral or aortic valve regurgitation above grade 2
- moderate to severe mitral or aortic stenosis

# Study design

#### Design

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Control:

Active

## Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-08-2015
Enrollment:	60
Туре:	Anticipated

# **Ethics review**

Not applicable	
Application type:	Not applicable

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL4809
NTR-old	NTR5081
Other	ABR : 51954

# **Study results**