socioeconomic inequalities, diet cost and diet quality

No registrations found.

Ethical review Positive opinion

Status Other

Health condition type -

Study type Observational non invasive

Summary

ID

NL-OMON20557

Source

Nationaal Trial Register

Health condition

Dietary quality, DHD15-index, DASH diet

Sponsors and support

Primary sponsor: University Medical Center Utrecht

Source(s) of monetary or material Support: Ministry of Health, Welfare and Sports (VWS), ZonMw, European Commission, Netherlands Organisation for Scientific Research

(NWO), World Cancer Research Fund

Intervention

Outcome measures

Primary outcome

DHD15-index, DASH diet

Secondary outcome

None

Study description

Background summary

The current study aims to investigate the mediating role of dietary costs in the association between educational level and diet quality in a Dutch study population. This will be investigated using the macro Process by Hayes.

Study objective

We hypothesize that socioeconomic inequalities in diet quality are partly explained by differential dietary costs.

Study design

Age, sex, study center and educational level were measured at baseline (between 1993 and 1997). In 2015, respondents to the 2011 questionnaire on electromagnetic radiation who were still alive, , living in the Netherlands and who gave informed consent (n=13,421) were invited to fill out a second food-frequency questionnaire.

Intervention

The mediating role of dietary cost in the association between (household) educational level and adherence to the DHD15-index and DASH diet was assessed using multiple linear regression analyses. This was done using the macro PROCESS developed by Hayes. Firstly, the total effect was estimated by assessing the associations between the independent variables educational level and household educational level and the dependent variables adherence to the DHD15-index and the DASH diet (c-path) separately. Secondly, the association between the independent variables and the potential mediator dietary cost (apath) was assessed. Thirdly, the associations between the potential mediator dietary cost and the dependent variables, adjusted for the independent variables (b-path), were assessed separately. Lastly, the direct effect was estimated by assessing the associations between the independent variables and the dependent variables, adjusted for the mediator dietary cost (c'-path), separately for the two dependent variables. In order to assess whether dietary cost indeed mediated the association between SES and adherence to the DHD15-index and the DASH diet, the indirect effect and the corresponding 95% confidence interval were assessed. The indirect effects were calculated by multiplying the regression coefficient of the a-path with the regression coefficient of the b-path (a-path x b-path). The bootstrapped 95% confidence intervals around the indirect effects were based on 1234 seeds and 5,000 bootstrap resamples. Statistical significance of the indirect effects were determined if the upper and lower bound of the bias corrected 95% bootstrap confidence intervals did not contain zero.

Contacts

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Eligibility criteria

Inclusion criteria

The EPIC-NL study consists of two cohorts: the MORGEN cohort and the Prospect cohort. The MORGEN cohort consists of men and women aged 20 – 65 years selected from random samples of the Dutch population in three towns in the Netherlands (Amsterdam, Doetinchem, Maastricht). The Prospect cohort consists of women, from the Dutch town Utrecht or its vicinity, who participated in a breast cancer screening program.

Exclusion criteria

Missing FFQ, implausible energy intake

Study design

Design

Study type: Observational non invasive

Intervention model: Other

Control: N/A, unknown

Recruitment

NL

Recruitment status: Other

Start date (anticipated): 01-04-2018

Enrollment: 9000

Type: Unknown

Ethics review

Positive opinion

Date: 25-09-2018

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL7298 NTR-old NTR7507

Other WOM-93/090 : MEC-TNO-93/01

Study results