

The effect of 'WazzUp Mama' on emotional wellbeing in pregnancy

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON20563

Source

NTR

Health condition

Maternal distress, depression, anxiety, fear of childbirth, distress

Sponsors and support

Primary sponsor: none

Source(s) of monetary or material Support: RAAK (RAAK PRO 2-014)

Intervention

Outcome measures

Primary outcome

Maternal distress

Secondary outcome

Depression

Anxiety

Study description

Background summary

Based on the Intervention Mapping protocol an intervention has been developed. Intervention development was based on data from a review and meta-analysis, and data from midwives and pregnant women in the Netherlands. Currently the intervention is tested for effect.

Study objective

Pregnant women who receive the antenatal intervention 'WazzUp Mama' have lower levels of maternal distress and less scores above cut-off points of measurement scales for constructs of maternal distress in comparison to women who received standard antenatal care

Study design

First trimester of pregnancy before intake midwife;

Third trimester of pregnancy (between 35-37 weeks gestation)

Intervention

'WazzUp Mama' is an antenatal intervention to optimise emotional wellbeing during pregnancy; to reduce and prevent a disturbed emotional wellbeing or psychological and psychiatric disorders. It contains a tailored website for pregnant women to stimulate self-management and participation in care. It also includes a practice guideline, clinical pathway and social care map for midwives.

Contacts

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Eligibility criteria

Inclusion criteria

Pregnant women in the Netherlands with healthy pregnancies receiving midwifery care from a primary care midwife

Exclusion criteria

Pregnant women who started and continued their antenatal care in obstetric-led care (secondary or tertiary care) based on existing medical/ obstetric complications or risk factors that can lead to complications.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	25-05-2013
Enrollment:	400
Type:	Anticipated

Ethics review

Positive opinion

Date: 14-07-2014

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL4545
NTR-old	NTR4688
Other	14-N-41 METC : RAA KPRO 2-014

Study results

Summary results

Fontein-Kuipers, Y., Ausems, M., van Limbeek, E., Budé, L., de Vries, R., Nieuwenhuijze, M. Factors influencing maternal distress among Dutch women with a healthy pregnancy.

Submitted

Fontein-Kuipers, Y., Budé, L., Ausems, M., de Vries, R., Nieuwenhuijze, M. 2014. Dutch midwives' behavioural intentions of antenatal management of maternal distress and factors influencing these intentions: an exploratory survey. Midwifery, 30; 234-241

Fontein- Kuipers, Y., Nieuwenhuijze, M., Ausems, M., Budé, L., de Vries, R. 2014. Antenatal interventions to reduce maternal distress: A systematic review and meta-analysis of randomised trials. BJOG