# De rol van het hormoon TSH in het immuunsysteem.

No registrations found.

**Ethical review** Positive opinion

**Status** Pending

Health condition type

**Study type** Interventional

## **Summary**

#### ID

NL-OMON20628

Source

Nationaal Trial Register

**Health condition** 

immunodeficiencies T cell development

## **Sponsors and support**

**Primary sponsor:** Erasmus Medical Center, Rotterdam, The Netherlands

Source(s) of monetary or material Support: Erasmus Medical Center, Rotterdam, The

**Netherlands** 

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Primary endpoint consist of a change in thymic output, peripheral cell numbers or ratio's of peripheral T cell

subpopulations in response to treatment with rhTSH. T cell subpopulations will be defined using flow

cytometry. Moreover thymic output will be measured using TREC analysis.

#### **Secondary outcome**

Secondary endpoints are:

- 1. Lipid metabolism;
- 2. Bone metabolism;
- 3. CK levels;
- 4. Urine metabolites.

# **Study description**

#### **Background summary**

TSH-R was found to be functionally expressed on thymocytes, able to stimulate T cell development in vitro. Therefore the aim of this study is to investigate if recombinant human TSH (rh-TSH) improves human T-cell development in vivo in a clinical setting, as a proof of concept for use of rh-TSH in a variety of diseases in which naïve T cell reconstitution is desirable.

10 patients in the age of 20-45 years stably treated for hypothyroidism will be included in this study. Patients will receive 0.3mg rhTSH i.m. twice a week for 3 weeks. Effects on the T cell pool will be measured using TREC and FACS analyses.

#### Study objective

TSH can act on thymocytes to enhance T cell development.

#### Study design

Visit 1: Information and screening;

Visit 2: Informed consent;

Visit 3: normal values, start trial medication (T=0d);

Visit 4: trial medication and small blood sample (T=3d);

Visit 5: trial medication blood samples (T=7d);

Visit 6: trial medication and small blood sample (T=10d);

Visit 7: trial medication and blood samples (T=14d);

Visit 8: Trial medication and small blood sample (T=17d);

Visit 9: Blood samples (T=21d);

Visit 10: Control evaluation, without trial medication (T=90d).

#### Intervention

All subjects will receive rhTSH (ThyrogenÒ) purchased from Genzyme Europe BV (The Netherlands.

Naarden) in a dose of 0.3mg twice weekly intramuscular for 3 weeks.

## **Contacts**

#### **Public**

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#### **Scientific**

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## **Eligibility criteria**

#### Inclusion criteria

- 1. Have the capacity to understand and willingness to sign an informed consent form;
- 2. Have been medically treated for primary hypothyroidism for the last 6 months with only thyroxin substitution therapy;
- 3. Adequate treatment with thyroxine;

- 4. Have medically controlled disease;
- 5. T3 and T4 blood levels within the normal range for the past 6 months;
- 6. TSH within the normal range for the past 6 months;
- 7. TSH>20 mU/l at diagnosis;
- 8. Presence of anti TPO antibodies;
- 9. Age 20-45 years.

### **Exclusion criteria**

- 1. Uncontrolled hypothyroidism;
- 2. Presence of antibodies to the TSH receptor;
- 3. History of M. Graves or thyroiditis;
- 4. Presence of struma;
- 5. Enlarged tyroid gland measured with ultrasound;
- 6. Serious infections in the last 3 months:
- 7. Have current symptoms of cardiac disease;
- 8. Have current signs or symptoms of severe, progressive or uncontrolled renal, hepatic, hematologic,
- gastrointestinal, endocrine, pulmonary, cardiac, neurologic, or cerebral disease;
- 9. Clinically relevant abnormal findings during routine physical examination, screening blood samples of

hematology, biochemistry, urinanalysis and/or known ECG abnormalities;

- 10. Alcohol abuse:
- 11. Known hematologic malignancy;
- 12. Known thyroid malignancy;
- 13. Other autoimmune disorders than hypothyroidism;
- 14. Thymectomy in the medical history;

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A , unknown

#### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-01-2010

Enrollment: 10

Type: Anticipated

## **Ethics review**

Positive opinion

Date: 04-12-2009

Application type: First submission

## **Study registrations**

## Followed up by the following (possibly more current) registration

ID: 33266

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL2017 NTR-old NTR2134

CCMO NL28134.078.09

ISRCTN wordt niet meer aangevraagd.

OMON NL-OMON33266

# **Study results**

## **Summary results**

N/A