

Kids in Action: collaborating with children to improve their lifestyle

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON20665

Source

NTR

Brief title

Kids in Action

Health condition

Obesity, overweight

Sponsors and support

Primary sponsor: Amsterdam Public Health Research Institute/VU University Medical Center (VUmc)

Source(s) of monetary or material Support: FNO

Intervention

Outcome measures

Primary outcome

Physical activity, sedentary behavior, consumption of sugar-sweetened beverages, consumption of snacks, self-rated health.

Secondary outcome

Study description

Background summary

Despite the emergence of many preventive programs, the number of obese kids in Amsterdam continues to be alarmingly high. Additionally, it has been shown that many kids with parents of low socioeconomic class are especially vulnerable when it comes to adopting an unhealthy lifestyle, and are therefore more prone to being overweight. One way to tackle this problem is through Participatory Action Research (PAR), which aims to involve the people the research focuses on itself (in this case the children and their parents). Therefore, the keyword in the 'Kids in Action'-program is 'participation'. In collaboration with children, who are the experts on their own living environments, the main health-related problems will be identified. By including the children in this process, we aim to design the most appropriate initiatives to encourage healthy behavior.

Study objective

We believe that by engaging the target group in the process of intervention development, more effective intervention targeting children's physical activity and dietary behaviors can be developed.

Study design

Baseline measurement takes place in the schoolyear 2016-2017. T1 will be in March-April 2018, T2 will be in March-April 2019.

Intervention

Interventions will be developed together with children. The interventions will be aimed at increasing their physical activity levels and improving their dietary behavior.

Contacts

Public

Wilgenweg 28b

Manou Anselma
Amsterdam 1031HV
The Netherlands

0031205611240

Scientific

Wilgenweg 28b

Manou Anselma

Amsterdam 1031HV

The Netherlands

0031205611240

Eligibility criteria

Inclusion criteria

Children between the ages of 9-12 years (i.e. in the three highest grades of primary school), who can speak and read Dutch and who have a signed informed consent by at least one of their parents.

Exclusion criteria

n/a

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-04-2016

Enrollment: 400
Type: Anticipated

Ethics review

Positive opinion
Date: 01-08-2017
Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL6427
NTR-old	NTR6604
Other	METc VUmc : 2016.366

Study results

Summary results

Eline Vos, Teatske Altenburg, Manou Anselma, Elsje Caro, Mai Chinapaw, 2017. Van participeren kun je leren. Tijdschrift voor gezondheidswetenschappen: 95, Issue 3, pp 108-111.