Patient preferences for bowel preparation: a discrete choice experiment.

No registrations found.

Ethical review Positive opinion **Status** Recruiting

Health condition type -

Study type Observational non invasive

Summary

ID

NL-OMON20683

Source

NTR

Brief title

PrepPref study

Health condition

Bowel preparation prior to colonoscopy

Sponsors and support

Primary sponsor: Radboudumc

Source(s) of monetary or material Support: N.A.

Intervention

Outcome measures

Primary outcome

- To elicit patients' preferences regarding bowel preparation prior to colonoscopy (utility)

Secondary outcome

1 - Patient preferences for bowel preparation: a discrete choice experiment. 3-05-2025

- To identify patient subgroups with similar bowel preparation preferences.

Study description

Background summary

Rationale: Colonoscopy is the preferred modality for the detection and characterization of colorectal lesions. The diagnostic accuracy and therapeutic safety of colonoscopy depends on the quality of colonic cleansing. Bowel cleansing remains a complex undertaking for patients and is often perceived as the most burdensome part of colonoscopy. Standardized bowel cleansing methods are used hospital-wide, resulting in poor bowel cleansing in 10-20% of all colonoscopy patients. Understanding patient preferences for bowel preparation enables physicians to prescribe a more preferred bowel cleansing method to reduce patient burden which may ultimately lead to better therapy adherence and better colonoscopy results. The present study aims to evaluate patient preferences for bowel preparation prior to colonoscopy by conducting a discrete choice experiment (DCE).

Objectives:

- To evaluate patient preferences for bowel preparation prior to colonoscopy.
- To identify patient subgroups with similar bowel preparation preferences.

Study design: A DCE will be conducted to elicit patients' preferences regarding bowel preparation. After data collection, a Latent Class Analysis will be performed to identify possible subgroups present in the population.

Study population: Patients aged 18 and over who underwent an elective colonoscopy procedure, at least two weeks but no more than three months, prior to study inclusion.

Main study parameters/endpoints: Patient preferences for bowel preparation expressed in a utility function containing the relative importance for each attribute separately.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness: The burden for study participants is very low. After baseline assessments patients will be asked to complete approximately 16 choice sets. These choice sets have a low burdensome nature and consist of choosing between two hypothetical methods of bowel preparation. The experiment will take patients 20 minutes, for which participants are free to choose a location (e.g., at home) and time to do so. There are no risks associated with participating in our experiment. All data will be anonymized upon completion of the questionnaire. Refusal to fill in the questionnaire or desire to withdraw from this research will not lead to any difference in treatment for the participant in question. Finally, no minors or incapacitated persons will be included in our study.

In contrast to this low burden, the rewards of the data gained is high. This study improves knowledge about patient preferences, which could help physicians to practice more personalized health care, which may ultimately lead to better therapy adherence to the bowel preparation and thus better colonoscopy results.

Study design

1x <3 months last colonoscopy

Intervention

Questionnaire

Contacts

Public

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Eligibility criteria

Inclusion criteria

- Patients aged 18 or older, referred for colonoscopy

Exclusion criteria

- IBD patients

Study design

Design

Study type: Observational non invasive

Intervention model: Other

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 12-07-2018

Enrollment: 400

Type: Anticipated

Ethics review

Positive opinion

Date: 12-07-2018

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL7175 NTR-old NTR7366

Other METC Arnhem-Nijmegen: CMO: 2017-3704

Study results