# Oral immunotherapy in young children diagnosed with food allergy

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

Study type Interventional

# **Summary**

## ID

NL-OMON20790

**Source** NTR

**Brief title** ORKA study

**Health condition** 

Food allergy

# **Sponsors and support**

**Primary sponsor:** Deventer Ziekenhuis

Source(s) of monetary or material Support: www.dz.nl

#### Intervention

#### **Outcome measures**

## **Primary outcome**

Safety based on the number of anaphylactic reactions that occurs within 2 hours after administration of the food product. Feasibility as assessed by both parents and doctors.

# **Secondary outcome**

Effectiveness measured as the number of children with long-term tolerance (SU): a negative food challenge 4 weeks after the discontinuation of the OIT.

# **Study description**

## **Background summary**

## Background of the study:

In the Netherlands, a few thousand babies develop a food allergy every year that often will lead to lifelong restrictions. Oral immunotherapy (OIT) does not lead to long-term tolerance (sustained unresponsiveness, SU) in older children and adults and has many side effects. Immunotherapy at a young age has hardiy been studied. but there are good indications that this therapy can lead to longterm tolerance. By using a lower dose of the food, the number of side effects is probably limited. Little is known about the further practical feasibility of this therapy in babies and infants.

## Objective of the study:

Primary: Is OIT with Standard food products safe to perform in children aged 6 to 24 months with a proven food allergy to chicken egg, peanut, hazelnut, cashew nut and / or wheat? And what is the feasibility of OIT with a low daily dose of a Standard food product for these children? Secondary: Can OIT induce long-term tolerance (SU) in children with a proven food allergy in the age of 6 to 24 months (compared to a control group)?

#### Study design:

An explorative prospective intervention study combined with a control group to compare the induction of spontaneous tolerance with the induction of tolerance by OIT.

# Study population:

Children aged 6 to 24 months with a proven food allergy (60 children in the intervention group and 120 children in the control group).

#### Intervention:

Children who are enrolled in the ORKA study start with the OIT (daily intake of a small amount of food for which the patient is allergic) within 2 weeks after the provocation test. After the maintenance dose has been reached, this will be continued for 12 months. Children come to the hospital after 6 months for an extra check. A provocation takes place 4 weeks after the

discontinuation of the OIT.

# Study objective

For this feasibility study, no hypothesis have been made.

## Study design

#### Evaluation at 6 months

#### Intervention

Children who are enrolled in the ORKA study start with the OIT (daily intake of a small amount of food for which the patiënt is allergie) within 2 weeks after the provocation test. After the maintenance dose has been reached, this will be continued for 12 months.

# **Contacts**

### **Public**

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#### Scientific

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# **Eligibility criteria**

# Inclusion criteria

- Children with an age of 9 to 24 months.
- A proven food allergy (positive provocation and sensitization demonstrated by a skin prick test > 3mm and / or slgÉ> 0.35kU / L) for chicken egg, peanut, cashew nut, hazelnut and / or wheat
- Assessment of the presence of other food allergies (Standard care) by introduction in the diet and / or the determination of sensitization. From the mentioned allergens. Introduction into the diet or the diagnosis food allergy has been made.
- Written permission (signed informed consent form) from both parents / guardian for participation in the study.

# **Exclusion criteria**

- Uncontrolled viral wheezing, defined as admitted to hospital > 1x in the past six months because of these complaints.
- Uncontrolled eczema.
- Severe gastrointestinal complaints such as gastroesophageal reflux disease, where an underlying disease such as eosinophilic esophagitis (EoE) cannot be excluded.
- Active EoE.
- Mastocytosis (also cutaneous).
- Psycho-social problems in the family that may be a barrier to a good daily performance of long-term therapy.
- Inability of parents to follow instructions, to recognize allergic reactions or to administer emergency medication.
- Participation in any other intervention study at the time of the ORKA study, with the exception of studies on guided early introduction of high-allergenic nutrition.

# Study design

# **Design**

Study type: Interventional

Intervention model: Other

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: Active

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 12-04-2019

Enrollment: 60

Type: Anticipated

# **IPD** sharing statement

Plan to share IPD: Undecided

# **Ethics review**

Positive opinion

Date: 12-04-2019

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

ID: 49735

Bron: ToetsingOnline

Titel:

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL7663

CCMO NL67711.075.18 OMON NL-OMON49735

# **Study results**