# A nationwide cohort study on benign liver tumors and cysts in the Netherlands

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Benign liver tumors and cysts carry a significant burden on the quality of life in some cases. Apart from impairing symptoms, psychological burden might provide sufficient ground for surgical intervention. There is a variable approach to them...

**Ethical review** Positive opinion **Status** Recruiting

**Health condition type** Hepatic and biliary neoplasms benign

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON20812

#### Source

Nationaal Trial Register

**Brief title**BELIVER

#### **Condition**

Hepatic and biliary neoplasms benign

#### **Health condition**

Solid lesions Focal nodular hyperplasia Haemangioma Hepatocellular adenoma Hepatic haemangioendothelioma Cystic lesions Simple hepatic cysts Mucinous cystic neoplasm of the liver and biliary system Intraductal papillary neoplasms of the liver and bile ducts

#### Research involving

Human

## **Sponsors and support**

Primary sponsor: N/a

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#### Source(s) of monetary or material Support: N/A

#### Intervention

Other intervention

#### **Explanation**

#### **Outcome measures**

#### **Primary outcome**

Change in PROs including severity of symptoms from the start compared to the end of the follow-up period. PROs: anxiety, fatigue, ability to participate and pain interference using computerized adaptive testing through the Dutch-Flemish Patient-Reported Outcomes Measurement Information System (PROMIS), numerical rating scales for pain (current and most, least, and average pain over a week) and two general health and quality of life questions

### **Secondary outcome**

Surgical outcomes & tumor specific complications

# **Study description**

#### **Background summary**

Benign liver tumours and cysts (BLTCs) comprise a heterogeneous group of cystic and solid lesions, including hepatic hemangioma, focal nodular hyperplasia and hepatocellular adenoma. Some BLTCs, for example (large) hepatocellular adenoma, are at risk of complications. Incidence of malignant degeneration or hemorrhage is low in most other BLTCs. Nevertheless, the diagnosis BLTC may carry a substantial burden and patients may be symptomatic, necessitating treatment. The indications for interventions remain matter of debate. The primary study aim is to investigate patient reported outcomes (PROs) of patients with BLTCs, with special regard to the influence of invasive treatment as compared to the natural course of the disease.

## **Study objective**

Benign liver tumors and cysts carry a significant burden on the quality of life in some cases. Apart from impairing symptoms, psychological burden might provide sufficient ground for surgical intervention. There is a variable approach to them throughout the country, but surgical outcomes are comparable.

#### Study design

Questionnaire biannually, or if (minimally invasive) intervention occurs at 3, 6 and 12 months postoperatively. Study period October 2021-October 2026, minimal follow-up 2 years

#### Intervention

N/a

## **Contacts**

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# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Adult patients (>18 years old) presenting with a common and/or clinically relevant BLTC at participating centers are eligible for inclusion. Clinically relevant BLTCs are defined as all BLTCs potentially eligible for either surgical intervention or follow-up.

## **Exclusion criteria**

- Age < 18 years - Unable to fill in questionnaires - Unable to comprehend the Dutch language sufficiently - Severe quality of life impairment by alternate pathology

# Study design

## **Design**

Study phase: N/A

Study type: Observational non invasive

Intervention model: Single

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 01-10-2020

Enrollment: 450

Type: Anticipated

## **IPD** sharing statement

Plan to share IPD: No

## **Ethics review**

Positive opinion

Date: 10-12-2019

Application type: First submission

Review commission: nWMO adviescommissie UMC Groningen

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

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# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

## **Register ID**

NTR-new NL8231

Other METc AMC & METc UMCG: AMC:W19\_134 # 19.167 UMCG: 201900292 (2019-269)

# **Study results**