

A study to assess whether the intervention Moti-4 is effective in influencing adolescents cannabis use.

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON20952

Source

NTR

Brief title

RCT Moti4

Health condition

Substance abuse, cannabis, motivational interviewing, self-monitoring, efficacy, targeted prevention, early intervention
Middelengebruik, cannabis, motivational interviewing, vroeg interventie, geïndiceerde preventie

Sponsors and support

Primary sponsor: J.B.H.M. Dupont

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Source(s) of monetary or material Support: fund = initiator = sponsor

Intervention

Outcome measures

Primary outcome

1. Change in amount of cannabis registered last week;
2. Change in stage of motivation (RCQ).

Secondary outcome

1. Change in intention;
2. Change in knowledge;
3. Change in planning.

Study description

Background summary

The basis of the moti-4 program is to motivate behavioral change, using the Circle of Behaviour (Prochaska and DiClemente, 1984) and the appropriate use of Motivational interviewing (Miller and Rollnick, 2005). Other underlaying theories were used to further develop moti-4. In this randomised controlled trial we compare youngsters in the moti4 condition with youngsters getting a one session business as usual information session. Main outcome measures are the consumption of cannabis in the last week and the stage of motivational change.

Study objective

As a result of the moti-4 intervention, participants will use less cannabis and/or change the stage of motivation positively.

Study design

- 1-11-2012: Start inclusion pre post test;
- 1-4-2013: Start posttest after 6 mnths (t3);
- 1-7-2013: End inclusion;

31-2013: Last posttest (t3).

Intervention

Target group: Young (13-23) cannabis users.

Condition: Moti-4; a four session intervention based on motivation interviewing.

Control: Protocollised information session; one session business as usual, no motivational interviewing.

Contacts

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Eligibility criteria

Inclusion criteria

1. Age 14-24;
2. Use of cannabis in last month.

Exclusion criteria

1. <14 or >24;
2. No cannabis use in last month.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-11-2012
Enrollment:	180
Type:	Anticipated

Ethics review

Positive opinion	
Date:	29-11-2012
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL3572
NTR-old	NTR3730
Other	METC : 12-N-110
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results

Summary results

N/A