# Treatment of Complex Regional Pain Syndrome type I; A randomised, single-blind, placebo-controlled study with multiple rounds of S(+)-ketamine infusions.

No registrations found.

**Ethical review** Positive opinion **Status** Suspended

**Health condition type** -

Study type Interventional

# **Summary**

#### ID

NL-OMON21045

#### Source

Nationaal Trial Register

#### **Brief title**

The KetKet study, pilot

#### **Health condition**

Complex Regional Pain Syndrome type I (CRPS type I) Complex Regionaal Pijn Syndroom type I (CRPS type I)

## **Sponsors and support**

**Primary sponsor:** Leiden University Medical Center (LUMC), Department of Anesthesiology

Source(s) of monetary or material Support: TREND, Delft

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

- Pain scores (NRS)
- Allocation scores patients, whether they received S(+)-ketamine or placebo.

### **Secondary outcome**

- Occurence of side effects
- Presence of CRPS type I diagnosis after treatment.

# **Study description**

### **Background summary**

The treatment of Complex Regional Pain Syndrome type I (CRPS) with S(+)-ketamine showed good pain relief for weeks. However, in most patients, the pain returns to baseline levels. Open label studies suggest a longer duration of pain relief when ketamine is administered more than once. In this randomised, single-blind, placebo-controlled pilot study, we adminster S(+)-ketamine once or twice to test whether pain relief is prolonged with multiple infusions of S(+)-ketamine.

## **Study objective**

Multiple rounds of S(+)-ketamine infusions will give more profound and prolonged pain relief compared to a single infusion of S(+)-ketamine.

## Study design

- Baseline measurements before first admission.
- Measurements, on average 3 times a day, during admissions.
- Weekly measurements between and after admissions, until baseline is reached, afterwards on average monthly measurements.
- Follow-up up to 52 weeks from first admission.

#### Intervention

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Patients are randomised into 3 groups.

Admissions will take place in week 1 and 4 or week 1 and 13 of the study. All patients are admitted twice for 5 days, during which they will receive intravenous S(+)-ketamine or active placebo midazolam, both in an increasing subanesthetic dose based on weight.

## **Contacts**

#### **Public**

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# **Eligibility criteria**

### Inclusion criteria

- 1. CRPS type I diagnosis according to the IASP-criteria;
- 2. NRS spontaneous pain score of 5 or higher;
- 3. Age is between 18 and 70 years;
- 4. Patients must give a written informed consent.

## **Exclusion criteria**

- 1. Patients who are not able to give informed consent;
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- 2. Patients suffering from other syndromes/diseases interfering with pain ratings;
- 3. Patients who previous have had ketamine continuous infusion;
- 4. Patients with co-morbidity such as:

kidney disease, severe liver disease, nerve damage in the affected area, increased intracranial pressure, infectious disease, epilepsy, a psychiatric illness, thyroid disease, cancer, cardiac disease, pulmonary disease, severe or uncontrolled hypertension, aneurysm, glaucoma, history of cerebral vascular accident (CVA) < 1 year;

5. Patients who are pregnant.

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Single blinded (masking used)

Control: Placebo

#### Recruitment

NL

Recruitment status: Suspended Start date (anticipated): 01-11-2008

Enrollment: 30

Type: Anticipated

## **Ethics review**

Positive opinion

Date: 20-11-2008

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register ID** NTR-new NL

NTR-new NL1479 NTR-old NTR1550

Other TREND, Delft (NL); BSIK03016 : P08.106
ISRCTN ISRCTN wordt niet meer aangevraagd

# **Study results**

## **Summary results**

N/A