Do communication training and patient education improve the conversation about treatment restrictions?

No registrations found.

Ethical review Positive opinion **Status** Recruiting

Health condition type -

Study type Interventional

Summary

ID

NL-OMON21126

Source

NTR

Brief title

CONTACT

Health condition

In English: treatment restrictions; advanced care planning

In Dutch: behandelbeperkingen, behandelwensen en -grenzen

Sponsors and support

Primary sponsor: University Medical Center Utrecht **Source(s) of monetary or material Support:** ZonMw

Intervention

Outcome measures

Primary outcome

Patient satisfaction about the conversation with the doctor, patient-doctor relationship

(PDRQ-9 questionnaire), doctor's satisfaction about the conversation

Secondary outcome

Quantitative analysis: decisional conflict (Decisional Evaluation Scale), shared decision-making (SDM-9-Doc), gender differences in previously mentioned outcomes

Qualitative analysis: quality of the conversation on treatment restrictions, gender differences in communication styles regarding the conversation on treatment restrictions

Study description

Background summary

Timely discussing treatment restrictions with patients is important in order to prevent difficult situations at, for example, the emergency department. Nowadays, patients are often uninformed about the possibilities and consequences of resuscitation, mechanical ventilation and intensive care admission. This makes it hard or even impossible to decide about whether these interventions should be performed whenever they become necessary, especially in an urgent medical situation. Doctors, however, find it difficult to discuss potential treatment restrictions with patients. We hypothesize that routinely discussing potential treatment restrictions with patients at the outpatient clinic, in a less stressful environment with their 'own' physician, leads to better informed patients, more patient and doctor satisfaction about this conversation and more shared decision-making. Furthermore, it is important to gain more insight in the role of gender differences in communication style regarding the discussion on potential treatment restrictions.

Study objective

We hypothesize that a conversation aid and information brochure for patients, and a communication training for physicians improves satisfaction and quality of the discussion about potential treatment restrictions at the internal medicine outpatient department. Moreover, our hypothesis is that gender differences in communication style play a role in this association.

Study design

Patients and physicians will receive a questionnaire about the consultation at the outpatient department immediately after the consultation.

Intervention

Patients will receive a digital information brochure and conversational aid. Doctors will be

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trained with simulated patients and an e-learning module.

Contacts

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Eligibility criteria

Inclusion criteria

All new patients or known patients (>18 years) with whom potential treatment restrictions have not been discussed, that are scheduled for a visit at the internal medicine outpatient clinic are eligible for inclusion.

Exclusion criteria

Patients with whom treatment restrictions have been extensively discussed prior to this study, patients who are unable to give informed consent and patients with insufficient command of the Dutch language in order to complete the patient education and questionnaires will be excluded.

Study design

Design

Study type: Interventional

Intervention model: Factorial

Allocation: Randomized controlled trial

Masking: Single blinded (masking used)

Control: Active

Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 25-09-2018

Enrollment: 244

Type: Anticipated

Ethics review

Positive opinion

Date: 04-05-2018

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

ID: 55962

Bron: ToetsingOnline

Titel:

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL6998

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Register ID

NTR-old NTR7188

CCMO NL64774.029.18 OMON NL-OMON55962

Study results