

# The effectiveness of the self-help course 'In de put, uit de put' through the Internet.

No registrations found.

|                              |                |
|------------------------------|----------------|
| <b>Ethical review</b>        | Not applicable |
| <b>Status</b>                | Suspended      |
| <b>Health condition type</b> | -              |
| <b>Study type</b>            | Interventional |

## Summary

### ID

NL-OMON21155

### Source

NTR

### Brief title

N/A

### Health condition

depressive complaints

## Sponsors and support

**Primary sponsor:** Vrije Universiteit Amsterdam, FPPDept. Clinical Psychology

## Intervention

## Outcome measures

### Primary outcome

Depressive complaints after 4, 8, 12 and 24 weeks.

### Secondary outcome

Cognitions, social skills, and activities after 4, 8, 12 and 24 weeks.

## Study description

### Background summary

Respondents are randomly assigned to the intervention or waiting list-condition; patients receive support by email; measurements take place at baseline, at 4, 8, 12 and 24 weeks. Various moderating and mediating variables will be measured. General growth mixture modeling will be used for the analysis.

### Study objective

N/A

### Intervention

A cognitive behavioural course for depressive complaints. There are two groups:

1. this group receives the course by the internet and receives support by email;
2. Waiting list control group. These patients will follow the course when the first group has finished.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

A high score on the screener for depression (CESD).

### Exclusion criteria

A severe depressive disorder according to DSM-IV criteria (CIDI-auto).

## Study design

### Design

|                     |                         |
|---------------------|-------------------------|
| Study type:         | Interventional          |
| Intervention model: | Parallel                |
| Masking:            | Open (masking not used) |
| Control:            | N/A , unknown           |

### Recruitment

|                           |             |
|---------------------------|-------------|
| NL                        |             |
| Recruitment status:       | Suspended   |
| Start date (anticipated): | 01-05-2006  |
| Enrollment:               | 348         |
| Type:                     | Anticipated |

## Ethics review

|                   |                |
|-------------------|----------------|
| Not applicable    |                |
| Application type: | Not applicable |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

| Register | ID             |
|----------|----------------|
| NTR-new  | NL380          |
| NTR-old  | NTR420         |
| Other    | : N/A          |
| ISRCTN   | ISRCTN73370245 |

## Study results

### Summary results

N/A