

The effectiveness of the self-help course 'In de put, uit de put' through the Internet.

No registrations found.

Ethical review	Not applicable
Status	Suspended
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON21155

Source

Nationaal Trial Register

Brief title

N/A

Health condition

depressive complaints

Sponsors and support

Primary sponsor: Vrije Universiteit Amsterdam, FPPDept. Clinical Psychology

Intervention

Outcome measures

Primary outcome

Depressive complaints after 4, 8, 12 and 24 weeks.

Secondary outcome

Cognitions, social skills, and activities after 4, 8, 12 and 24 weeks.

Study description

Background summary

Respondents are randomly assigned to the intervention or waiting list-condition; patients receive support by email; measurements take place at baseline, at 4, 8, 12 and 24 weeks. Various moderating and mediating variables will be measured. General growth mixture modeling will be used for the analysis.

Study objective

N/A

Intervention

A cognitive behavioural course for depressive complaints. There are two groups:

1. this group receives the course by the internet and receives support by email;
2. Waiting list control group. These patients will follow the course when the first group has finished.

Contacts

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Eligibility criteria

Inclusion criteria

A high score on the screener for depression (CESD).

Exclusion criteria

A severe depressive disorder according to DSM-IV criteria (CIDI-auto).

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Suspended
Start date (anticipated):	01-05-2006
Enrollment:	348
Type:	Anticipated

Ethics review

Not applicable	
Application type:	Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL380
NTR-old	NTR420
Other	: N/A
ISRCTN	ISRCTN73370245

Study results

Summary results

N/A