# Adherence and patients' experiences with oral anticancer agents.

No registrations found.

**Ethical review** Positive opinion **Status** Recruitment stopped

Health condition type -

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON21194

**Source** 

NTR

**Health condition** 

cancer

## **Sponsors and support**

**Primary sponsor:** VU University Medical Center

Source(s) of monetary or material Support: In progress

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Adherence rate.

#### **Secondary outcome**

- 1. Nature and grade of side effects as perceived by the patient;
- 2. Attitude towards disease:

Beliefs and attitude towards medication;
 Information received about the medication;
 Quality of life;
 Adherence by means of Medication Adherence Rating Scale (MARS);
 Dose adjustment;
 Discontinuation;
 Age;
 Gender;
 Partner status;

# **Study description**

12. Socio-economic status:

13. Disease stage.

#### **Background summary**

Background:

Cytotoxic therapies given IV have always been the most important drugs for treatment of cancer. However, in the past decade both the availability and use of oral anticancer agents have increased. Suboptimal adherence to oral (cancer)therapies can have multiple consequences. Only few studies have focused on the use of oral anticancer agents in daily practice and the factors governing adherence. Information about the reasons for non-adherence among cancer patients taking oral anticancer agents is essential for the development of interventions that may increase adherence and positively alter therapy outcomes.

Objectives:

Primary: Determination of the adherence in patients using an oral anticancer agent.

Secondary: Determination of the influence of side effects and patients' attitudes towards

2 - Adherence and patients' experiences with oral anticancer agents. 5-05-2025

disease and medication on adherence and other factors that may influence adherence to oral anticancer agents in daily practice.

#### Method:

Observational multicenter study in which patients who filled a prescription for an oral anticancer agent in the past period of three months, will be extracted from the pharmacy databases and inquired for participation. The following drugs will be included: lenalidomide, thalidomide, dasatinib, imatinib, nilotinib, erlotinib, gefitinib, sorafenib, sunitinib, everolimus, capecitabine, lapatinib, temozolomide. Patients will be asked to sign informed consent.

Adherence rate will be determined using the Patient's files-Pharmacy records-Pill count method (PPP-method): Patients will be contacted by the researcher by phone to count their remaining pills at that moment. The pharmacy records and data on drug prescription in the medical file of the patient will be assessed. Patients will be asked whether they had returned pills at the pharmacy or disposed pills at any other way. The actual used number of tablets will be calculated from this obtained information (dispensions minus pill count) and compared to the prescribed number of tablets, as registered in the patient's medical file.

Data of the prescribed dose, dose adjustment and information concerning the disease will be retrieved from the patient's medical file.

Data of patient and treatment related factors will be collected by means of two questionnaires. These factors include date of birth, gender, partner status, socio-economic status, adherence by means of Medication Adherence Rating Scale (MARS), nature and grade of side effects as perceived by the patient, quality of life (EORTC QLQ-C30), attitude towards disease (Brief IPQ) and medication (BMQ), the information received about the medication (SIMS), and discontinuation.

#### Study objective

The present study aims to get more insight into the use of oral anticancer agents in daily practice.

#### Study design

Patients are contacted ones by phone. The two questionnaires will be send afterwards.

#### Intervention

Adherence will be determined using the Patient's files-Pharmacy records-Pill count method (using data of the patient's medical file, pharmacy dispensions, and a pill count). Patients are

asked to fill out two questionnaires.

## **Contacts**

#### **Public**

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# **Eligibility criteria**

#### Inclusion criteria

Patients with cancer of 18 years and older who have filled at least one prescription for an oral anticancer agent in the past period of three months.

#### **Exclusion criteria**

- 1. Patients younger than 18 years;
- 2. Treatment in the (neo)adjuvant setting;
- 3. Not eligible according to the doctor;
- 4. Unable to fill out questionnaires;
- 5. Insufficient knowledge of the Dutch language;
- 6. No signed informed consent.
  - 4 Adherence and patients' experiences with oral anticancer agents. 5-05-2025

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Parallel

Allocation: Non controlled trial

Control: N/A, unknown

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 10-11-2010

Enrollment: 200

Type: Actual

## **Ethics review**

Positive opinion

Date: 10-05-2011

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL2752 NTR-old NTR2891

Other METC VUmc: 2010/277

ISRCTN wordt niet meer aangevraagd.

# **Study results**

### **Summary results**

N/A