

# Direct or indirect placement of fixed braces

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<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Head and neck therapeutic procedures
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON21236

### Source

NTR

### Brief title

DBB vs IDB

### Condition

- Head and neck therapeutic procedures

### Synonym

orthodontics; bracket placement, indirect bracket bonding; computer-aided design; chairside time; fixed appliances

### Health condition

Orthodontic malformation

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Radboudumc

**Source(s) of monetary or material Support:** Funded by university

## Intervention

- Other intervention

## Explanation

## Outcome measures

### Primary outcome

- Accuracy of bracket placement

### Secondary outcome

- - Immediate and delayed bonding failures
- - Bracket repositioning need
- - Clinician experience
- - Patient satisfaction
- - Patient reported oral health related quality of life

## Study description

### Background summary

In straight-wire orthodontics, precise and accurate bracket placement is of major importance for the clinical treatment outcomes. In every-day orthodontic practice, brackets are placed with the direct bracket bonding (DBB) technique in most of the cases. Here, the correct bracket position is determined by the clinician during the bonding procedure, based on the clinical situation and treatment goals. Positioning errors with this method are quite frequent, due to e.g., a limited view, anatomical difficulties or saliva contamination, which may result in a prolonged treatment time or a suboptimal treatment result.

In an attempt to overcome the shortcomings of the DBB technique, an indirect bracket bonding (IDB) system was suggested for the first time by Silverman et al. in 1972. With this method, the brackets are placed on a plaster cast model. The advantage of extra-oral placement is that there is a better view of the placement of the brackets, which makes it easier to place them in the correct position. The brackets are then transferred to the dentition of the patient with a transfer tray. This process with several technical steps is quite time-consuming. With the emergence of computer-aided design and manufacturing (CAD/CAM), the number of intermediate steps can be reduced. With current software and intra-oral scanning techniques, the last analogue step in IDB (i.e., impression taking) can also

be digitalized.

IDB is associated with a significantly shorter clinical chair time compared to DBB. However, the total time needed per patient (i.e., including digital bracket placement and transfer tray design) in IDB is longer compared to DBB. Nonetheless, patients may be more satisfied with IDB over DBB since less clinical chair time is needed. This may also have an impact on patients reported oral health related quality of life (OHRQoL), however no studies on OHRQoL and IDB were found in literature.

## **Study objective**

The primary aim of this split-mouth randomized clinical trial is to assess accuracy of bracket positioning of a fully digital IDB workflow compared to a DBB workflow, with IDB bracket planning serving as reference for both methods. The secondary aims are to assess differences between fully digital IDB and DBB, with respect to bracket bonding failures (immediate and delayed), bracket repositioning need (due to malpositioning), clinician experience, patient satisfaction and patient reported OHRQoL.

## **Study design**

The study was designed as a split-mouth randomized clinical trial, with a randomized block design with a 1:1 allocation of IDB and DBB. In every participating patient the first jaw which was planned to be bonded (i.e., upper or lower jaw), was included in the study. The other jaw was also orthodontically treated with fixed appliances but not included in the study. The decision on which jaw had to be bonded first in a particular patient, was based on clinical features and the patient's individual treatment plan, not on randomization. The clinical part of the study could not be blinded due to obvious differences in bracket placement procedures between IDB and DBB. Evaluation of bracket position, bonding failures and repositioning-need was however blinded to the authors. The follow-up period was six months after bonding.

## **Intervention**

Placement of orthodontic fixed appliances, either direct or indirect

## **Study burden and risks**

Burden: not more than standard orthodontic treatment

Risks: more bracket debonding

## **Contacts**

### **Public**

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## Eligibility criteria

### Age

Children (2-11 years)

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Adolescents (12-15 years)

Adolescents (12-15 years)

Adolescents (16-17 years)

Adolescents (16-17 years)

Adults (18-64 years)

Adults (18-64 years)

Elderly (65 years and older)

Elderly (65 years and older)

### Inclusion criteria

- - Healthy patient (ASA score I)
- - Permanent dentition present from at least first molar to first molar
- - Vestibular fixed appliances indicated in both jaws
- - Bonding indicated at least from second premolar to second premolar

### Exclusion criteria

- -Agenesis (congenitally missing teeth)
- Extractions indicated
- (Pre)molar bands indicated
- Syndromes or enamel abnormalities present

## Study design

### Design

Study phase: N/A

Study type:	Interventional
Intervention model:	Other
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	20-04-2021
Enrollment:	30
Type:	Actual

## IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Positive opinion	
Date:	18-04-2018
Application type:	First submission
Review commission:	METC Oost-Nederland
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## Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL9411
Other	CMO Arnhem-Nijmegen : CMO: 2018-4032

## Study results