# Impact of a Mindfulness-based intervention for adolescents and young adults after cancer

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type - Study type -

## **Summary**

#### ID

NL-OMON21241

**Source** 

NTR

**Brief title** 

N/A

**Health condition** 

cancer

## **Sponsors and support**

Primary sponsor: KU Leuven

Source(s) of monetary or material Support: Antikankerfonds

## Intervention

#### **Outcome measures**

#### **Primary outcome**

symptoms of depression, anxiety and stress, quality of life

## **Secondary outcome**

1 - Impact of a Mindfulness-based intervention for adolescents and young adults afte ... 5-05-2025

## **Study description**

## **Background summary**

N/A

## Study objective

N/A

## Study design

8 weeks before the start of the intervention, one week before the start of the intervention), one week after the intervention, and after 3 months.

#### Intervention

mindfulness-based intervention

## **Contacts**

#### **Public**

Ku Leuven Faculty of Psychology & Educational Sciences Tiensestraat 102 (box 3720)

Kathleen Gucht, van der Leuven 3000 Belgium

#### **Scientific**

Ku Leuven Faculty of Psychology & Educational Sciences Tiensestraat 102 (box 3720)

Kathleen Gucht, van der Leuven 3000 Belgium

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# **Eligibility criteria**

## Inclusion criteria

(1) participants are between 14 and 24 years old; (2) histologically confirmed diagnosis cancer; (3) primary treatment was stopped at least one month prior to enrollment

## **Exclusion criteria**

Exclusion criteria: (1) ongoing psychological treatment; (2) a severe psyhiatric disorder that is contraindicative with a short term group intervention (see above); (3) No knowledge of Dutch.

# Study design

## **Design**

Intervention model: Other

Allocation: Non-randomized controlled trial

Control: N/A, unknown

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 01-01-2014

Enrollment: 20

Type: Anticipated

## **IPD** sharing statement

Plan to share IPD: Undecided

# **Ethics review**

Positive opinion

Date: 20-12-2013

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL4117 NTR-old NTR4358

Other MEC KU Leuven: ML9496

ISRCTN wordt niet meer aangevraagd

# **Study results**

## **Summary results**

N/A