

Pilot Study of an Alcohol Prevention Program for Parents of Primary School Children.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON21359

Source

NTR

Brief title

In Control: No Alcohol!

Health condition

Alcohol, Prevention, Children, Parents

Sponsors and support

Primary sponsor: Radboud University Nijmegen, Trimbos Institute - Netherlands Institute of Mental Health and Addiction

Source(s) of monetary or material Support: ZON-MW, The Netherlands Organization for Health Research and Development

Intervention

Outcome measures

Primary outcome

Anti-alcohol socialization:

1. Frequency and quality of communication about alcohol;
2. Monitoring;
3. Parental norms;
4. House rules.

The intervention will start in November 2009. The mothers will receive an activity guide every month. Mothers and children fill in online-questionnaires.

Secondary outcome

1. Child cognitions:
 - A. Intention to drink alcohol;
 - B. Attitude towards drinking;
 - C. Alcohol expectations.
2. Child alcohol use;
3. Friend alcohol use;
4. Parental support;
4. Parental alcohol use;
5. Parental alcohol-related problems;
6. Anti-alcohol socialization:
 - A. Availability of alcohol at home;
 - B. Psychological control.

Study description

Background summary

The aim of the project is to test a highly innovative program for mothers and children of

primary school age in a Dutch sample. A randomized controlled trial (RCT) will be conducted among mothers of 8th grade children, and short-term assessments on anti-alcohol socialization will be conducted.

Study objective

We expect that parents involved in the program (as compared to controls) will be more involved in high qualitative communication on alcohol topics, have more confidence in discussing alcohol matters and greater efficacy to prevent their children from drinking alcohol, set and keep stricter household rules against alcohol, establish a non-drinking contract with their children, and are more likely to monitor children's and peers' alcohol-related activities.

Study design

Baseline, 6 and 12 months.

Intervention

The objective of the present study is to test an intervention program focusing on anti-alcohol socialization skills for parents of primary school children: 'In control: No alcohol!'. In control: No alcohol! is a home-based program and consists of a series of five activity guides for parents and children to complete together. These guides will be mailed to their homes every month.

For the control group an alternative brochure will be used based on facts. This brochure provides knowledge about youth drinking.

Contacts

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Eligibility criteria

Inclusion criteria

1. Participating mothers need to be the mother or a female guardian;
2. Having a child in the 8th grade of the Dutch elementary school system;
3. Mother and child need to be able to speak and read Dutch;
4. Only one child per household is eligible to participate.

Exclusion criteria

1. Fathers or male guardians;
2. Children outside grade 8 of the Dutch elementary school system;
3. Mother or child not being able to speak and read Dutch;
4. More than 1 child per household participating in the study.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-04-2009

Enrollment: 200
Type: Actual

Ethics review

Positive opinion
Date: 18-08-2010
Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL2367
NTR-old	NTR2474
Other	ZonMW : 50-51300-98-007
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results

Summary results

N/A