# The effect of Frisian Flag GUM 456 (isomaltulose enriched and mineral and vitamin fortified) on cognitive performance parameters in young children.

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

Study type Interventional

# **Summary**

#### ID

NL-OMON21372

Source

NTR

#### **Health condition**

healthy 5-6 year old children, memory and attention span will be studied

## **Sponsors and support**

**Primary sponsor:** Fakultas Kedokteran Universitas Indonesia

Fakultas Kedokteran Universitas Indonesia

University of Indonesia

II. Salemba Raya 4, Jakarta 10430, Indonesia

Source(s) of monetary or material Support: FrieslandCampina

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

1 - The effect of Frisian Flag GUM 456 (isomaltulose enriched and mineral and vitami ... 5-05-2025

Scores on memory and attention span during the first 180 minutes following the consumption of the test product.

#### **Secondary outcome**

Other markers of cognitive performance that come from the use of ANT test battery. Also antropometric measurements, height, weight, health questionaire, urine, heart rate.

# **Study description**

#### **Background summary**

There is much evidence to support positive effects of breakfast on cognitive performance of children. Sofar this is especially related to the glycemic index of the meals, the carbohydrates in particular. Previous studies have shown a particular acute effect of isomaltulose and added minerals and vitamins on cognitive performance (in prep). This study aims at extending this finding and to optimize the formula. The study will be performed in indonesian children aged 5-6 years, recruited in Jakarta.

#### **Study objective**

Isomaltulose reduces the decline in working memory and attention span in older children. This reduction in decline is also seen when lower amounts of isomaltulose are combined with a mix of minerals and vitamins.

#### Study design

T=0m;

T=90m;

T=180m.

#### Intervention

- 1. A: Regular Growing up Milk;
- 2. B : A + isomaltulose:
- 3. C: B with double isomaltulose;
- 4. D: B with mix of vitamins & minerals.

# **Contacts**

#### **Public**

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# **Eligibility criteria**

# **Inclusion criteria**

- 1. Normal score on Wechsler Scales;
- 2. Hb within the normal range;
- 3. Average height;
- 4. Normal body weight;
- 5. Normal dietary pattern (food questionnaire);
- 6. Regular and easy milk consumption (2\*200 ml per day).

#### **Exclusion criteria**

Symptoms of or diagnosed for allergy, chronic infections, thyroid disorders, diabetes or lactose intolerance, and mental disturbances or retarded development.

# Study design

### **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 17-05-2011

Enrollment: 120

Type: Anticipated

# **Ethics review**

Positive opinion

Date: 11-05-2011

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL2754

Register ID

NTR-old NTR2893

Other FrieslandCampina Innovation International: Nutr-AS-002-2011

ISRCTN wordt niet meer aangevraagd.

# **Study results**

## **Summary results**

N/A