

# Study to explore the effect of a Growing Up Milk with added synbiotics on the intestinal microbiota of healthy Asian toddlers.

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON21383

### Source

NTR

### Brief title

SMILE

### Health condition

Healthy toddlers

## Sponsors and support

**Primary sponsor:** Danone Research "C Centre for Specialised Nutrition

**Source(s) of monetary or material Support:** Danone Research "C Centre for Specialised Nutrition

## Intervention

## Outcome measures

### Primary outcome

Ratio bifidobacteria to total faecal bacteria.

### **Secondary outcome**

1. Ratio of other bacteria groups to total faecal bacteria;
2. Faecal short chain fatty acids;
3. Faecal lactate;
4. Faecal pH;
5. Faecal secretory IgA;
6. Parent's reported symptoms of illness.

## **Study description**

### **Background summary**

The effect of a Growing up milk with added synbiotics will be compared with the effect of a Growing up milk without added synbiotics on the intestinal microbiota of healthy Asian toddlers in a 12-weeks, randomised, double blind controlled intervention study.

### **Study objective**

A positive effect of the investigational product on the intestinal microbiota of healthy Asian toddlers is expected.

### **Study design**

The whole intervention phase will take 12 weeks.

V1: screening (week -1);

V2: baseline (week 0);

Contact 1: week 1;

V3: week 6;

V4: week 12;

Contact 2: week 14.

## **Intervention**

Duration of intervention: 12 weeks;

Intervention group: 65;

Control group: 65.

The intervention group will receive Growing Up Milk with added synbiotics. This is powder-based Growing Up Milk (GUM) with added prebiotics (scGOS/lcFOS), probiotics (B. breve M-16V) and LCPUFA. The control group will receive Growing Up Milk with added LCPUFA, but without the prebiotics.

## **Contacts**

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## **Eligibility criteria**

### **Inclusion criteria**

1. Healthy Asian subjects between 1 and 3 years of age;
2. Expected study product intake 500 - 650 ml per day;
3. Access to a freezer or a refrigerator with an ice tray for temporary storage of stool samples;

4. Written informed consent from parents.

## Exclusion criteria

1. Being breastfed in the 4 weeks before inclusion;
2. Disorders requiring a special diet (such as food intolerance or food allergy or complaints such as reflux, constipation and cramps for which special toddler formula is required);
3. Significant congenital abnormality that will interfere with the study objectives in the opinion of the investigator;
4. Risk factors on infection linked to probiotics, such as cardiac insufficiency and cardiac abnormalities including cardiac malformation, or immunodeficiency;
5. Use of oral/systemic antibiotics or anti-mycotic medication in the 4 weeks preceding the study screening or expected use during the study;
6. Investigator's uncertainty about the willingness or ability of the parents to comply with the protocol requirements;
7. Participation in any other studies involving investigational or marketed products concomitantly or within two weeks prior to entry into the study.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-06-2010
Enrollment:	130

Type: Anticipated

## Ethics review

Not applicable

Application type: Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL2148
NTR-old	NTR2273
Other	Danone Research : Tod.1.C/F /
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Study results

### Summary results

N/A