

TOWARDS A REGIONAL APPROACH OF OSTEOARTHRITIS (OA): DEVELOPMENT, FEASIBILITY AND PRELIMINARY EFFECTS OF AN OA SELF-MANAGEMENT COURSE FOR PATIENTS.

No registrations found.

| | |
|------------------------------|------------------|
| Ethical review | Positive opinion |
| Status | Pending |
| Health condition type | - |
| Study type | Interventional |

Summary

ID

NL-OMON21402

Source

NTR

Health condition

Osteoarthritis, hip, knee
heup knie artrose

Sponsors and support

Primary sponsor: Sint Maartenaskliniek, Nijmegen

Source(s) of monetary or material Support: Cooperation VGZ

Intervention

Outcome measures

Primary outcome

Health care utilization

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Secondary outcome

self-efficacy, self-management skills, knowledge on OA (treatment), illness perceptions, pain, functioning and physical activity

Study description

Study objective

Objectives are:

- 1) To determine the feasibility of an OA educational self-management course, by assessing the appreciation of health care providers and participants, participation and barriers and facilitators to participation.
- 2) To determine preliminary effects of an OA educational self-management course on health care utilization (primary outcome measure) and self-efficacy, illness perceptions, self-management skills, knowledge, pain, daily functioning and physical activity.

Study design

T0 baseline

T1 3 months after intervention

Intervention

In the period of October 2015 – March 2016 the self-management OA courses will be organized in 3 districts in the Nijmegen area. Per district a maximum of 4 courses will be organized. Each course will consist of two 1.5-hour meetings, for 12 patients and their partners/significant person.

Every course will be led by a physiotherapist, a GP or practice nurse from the district, a public health advisor, and an orthopedic surgeon or specialized nurse.

Contacts

Public

Sint Maartenskliniek Research W0.29

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3-05-2025

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Eligibility criteria

Inclusion criteria

Every patient with a clinical diagnosis of OA in the hip or knee (diagnosed by a GP or medical specialist)

> 18 years

Exclusion criteria

Patients who have had a joint replacement surgery due to OA will be excluded

Study design

Design

| | |
|---------------------|-------------------------|
| Study type: | Interventional |
| Intervention model: | Other |
| Allocation: | Non controlled trial |
| Masking: | Open (masking not used) |

Control: N/A , unknown

Recruitment

NL
Recruitment status: Pending
Start date (anticipated): 01-10-2015
Enrollment: 144
Type: Anticipated

Ethics review

Positive opinion
Date: 22-09-2015
Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

| Register | ID |
|----------|------------------------|
| NTR-new | NL5371 |
| NTR-old | NTR5472 |
| Other | : RR-144-ARTROSECURSUS |

Study results