# Effects of dimethyl fumarate (Tecfidera) on white matter integrity and functional brain adaptation and cognition in Multiple Sclerosis

No registrations found.

**Ethical review** Positive opinion

**Status** Recruiting

Health condition type -

**Study type** Observational non invasive

## **Summary**

## ID

**NL-OMON21490** 

Source

NTR

**Brief title** 

**TBA** 

**Health condition** 

Relapsing-Remitting Multiple Sclerosis

## **Sponsors and support**

**Primary sponsor:** Biogen

Source(s) of monetary or material Support: Biogen

Intervention

#### **Outcome measures**

#### **Primary outcome**

The primary objective of the study is to investigate changes in white matter structural

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integrity in patients with relapsing remitting multiple sclerosis (MS) after a different treatment duration with Tecfidera (i.e 6 months, 12 months, 18 months, and 30 months). The primary endpoint that relates to this objective is change from baseline (or previous time point) in diffusion tensor imaging measures (fractional anisotropy and mean diffusivity).

## Secondary outcome

Secondary objectives are the effects of Tecfidera (over time) on: structural brain damage, functional connectivity, brain activation patterns during fMRI task, physical disability and cognitive decline, brain metabolite concentrations.

# **Study description**

## **Background summary**

This clinical observational, single center study will be performed at the VU University Medical Center in Amsterdam. The study population consists of 60 RRMS patients (n=30 starting on Tecfidera, n=30 using Tecfidera for  $\sim 1$  year) and 30 healthy controls. Neuropsychological and neurogical assessments as well as questionnaires and a (f)MRI-scan will be performed at baseline, after 6 months and 18 months, to longitudinally look at the short- and long time effects of Tecfidera treatment on the brain and cognition in MS.

## **Study objective**

We expect to see improved white matter integrity (i.e. estimated by increased fractional anisotropy, decreased mean diffusivity) in response to Tecfidera treatment. As a result physical functioning might improve, cognitive functioning will be stable (in cognitively intact patients) /improve (in cognitively impaired patients). Stronger effects are expected after a longer duration of treatment.

## Study design

T0: first measurement, T1: at 6 months, T2: at 18 months

#### Intervention

N/A

## **Contacts**

#### **Public**

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#### Scientific

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# **Eligibility criteria**

## Inclusion criteria

- 1) ability to understand purpose of the study and provide informed consent
- 2) 18-65 years old
- 3) need to meet safety criteria to undergo MRI-scan
- 4) sufficient visual acuity and motor skills to perfom fMRI task
- 5) patients with RRMS
- 6) if using other drugs influencing CNS, they need to be stable on this medication at least for 6 months.

## **Exclusion criteria**

- 1) unable/unwilling to provide informed consent
- 2) presence/history psychiatric or neurological disease (other than MS for patient group) that may affect outcome measures
- 3) contra-indication for MRI
- 4) history/presence alcohol/drug abuse
- 5) participation in other studies using cognitive or physical training programs to avoid noise.

For patient groups specifically:

- 6) PPMS or SPMS
- 7) relapse and steroid treatment 4 weeks < examination

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Parallel

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 10-04-2018

Enrollment: 90

Type: Anticipated

## **IPD** sharing statement

Plan to share IPD: Undecided

## **Ethics review**

Positive opinion

Date: 08-08-2019

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL7944

Other METC VUMC: METC 2017.469 / ABR: NL63236.029.17

# **Study results**