# Dementelcoach: effect of telephone coaching on caregives of community dwelling people with dementia.

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

### **Summary**

### ID

NL-OMON21720

**Source** Nationaal Trial Register

**Brief title** N/A

**Health condition** 

caregivers of dwelling people with dementia

### **Sponsors and support**

Primary sponsor: Dementelcoach Project Source(s) of monetary or material Support: Transitieprogramma In de Langdurende zorg

### Intervention

### **Outcome measures**

#### **Primary outcome**

1. Feelings of competence and stress;

- 2. Heath issues (somatic, psychic, medicin use);
- 3. Quality of life.

#### Secondary outcome

- 1. Jobsatisfaction of nurses who give telephone coaching to caregivers;
- 2. Self esteem about their work as nurses.

# **Study description**

#### **Background summary**

The Dementelcoach project provides telephone coaching to caregivers of community dwelling people with dementia. The support is a total of 10 times. One time every two weeks with a total of 20 weeks. Caregivers answer questionaries before they start receiving their telephone coaching. After 20 weeks they answer the questionaries again to see if there is an effect in quality of life, caregiverburden (stress) and health.

#### **Study objective**

With taking care of community dwelling people with dementia the responsibility ends up mostly with one primary caregiver. The caregiving is a heavy burden and results in stress. Caregivers have a life expectancy of 6 to 7 years les than people who are not caregivers. The aim of this project is giving support to the caregivers of dwelling people with dementia to lesson the caregiver burden and by that increase time that a person with dementia can live at home.

#### Study design

#### 1. T=0:

Group 1,2,3: AGV 28, NPI, Vragenlijst Gevoel van competentie (Short sense of competence), Rand-36.

2. T=1 after 20 weeks:

Group 1,2,3: AGV 28, NPI, Vragenlijst Gevoel van competentie (Short sense of competence), Rand-36.

#### Intervention

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Group 1: Caregiver and person with dementia don't receive respite care. The caregiver receives telephone support from the Dementelcoach project.

Group 2: Person with dementia receives respite care in form of day care. The Caregver receives telephone support from the Dementelcoach project.

Group 3: Person with dementia receives respite care in the form of day care. The caregiver doesn't receive telephone support (until after the experiment)

The telephone support intervention exists of a 10 times telephone support, one each two weeks.

# Contacts

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# **Eligibility criteria**

### **Inclusion criteria**

People who are caregiver of dwelling people with dementia.

### **Exclusion criteria**

People who are not caregiver of dwelling people with dementia.

# Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-07-2009
Enrollment:	210
Туре:	Anticipated

# **Ethics review**

Positive opinion	
Date:	26-06-2009
Application type:	First submission

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register	ID
NTR-new	NL1775
NTR-old	NTR1885
Other	Wcie nummer VUMC : WC2009-017
ISRCTN	ISRCTN wordt niet meer aangevraagd.

# **Study results**

# Summary results

N/A