

# Effect of a new disease-specific enteral formula on metabolic control in type 2 diabetic patients.

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON21914

### Source

NTR

### Brief title

Diacarb trial

### Health condition

Diabetes Mellitus type 2 (DM type II)

## Sponsors and support

**Primary sponsor:** Numico Research B.V.

**Source(s) of monetary or material Support:** Numico Research B.V.

## Intervention

## Outcome measures

### Primary outcome

HbA1c

### Secondary outcome

1. Fasting plasma glucose
2. Fasting plasma insulin
3. Fructosamine
4. Fasting plasma lipid profile:  
Triglycerides, Total cholesterol, LDL, HDL
5. Fasting free fatty acids (FFA)
6. Total daily insulin requirement
7. Insulin sensitivity by HOMA-IR
8. Incidence of skin, pulmonary and urinary tract infections
9. Fasting (hs) CRP
10. Fasting pro-inflammatory cytokines: IL-6, IL-8, IL-18, and TNF- $\alpha$
11. Fasting plasminogen activator inhibitor-1 activity (PAI-1)
12. Blood pressure
13. Tolerance

## Study description

### Background summary

In this trial disease-specific formula will be compared with an isocaloric standard enteral formula with fibre on HbA1c in diabetic patients.

### Study objective

To determine the effect on HbA1c of a disease-specific enteral formula compared to an isocaloric standard enteral formula (control) in type 2 diabetic patients after 12 weeks of supplementation.

### Intervention

Duration intervention: 12 weeks Intervention group: diabetic specific enteral formula Control

group: isocaloric standard enteral formula with fibre

## Contacts

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## Eligibility criteria

### **Inclusion criteria**

1. Type 2 diabetic patients
2. Diagnosis of type 2 diabetes according to WHO criteria for more than 6 months
3. Age >18
4. Hospitalised patients, patients in nursing homes or home-care patients
5. HbA1c between 6.1%-10,5% (including 6,1% and 10.5%)
6. 18 kg/m<sup>2</sup> ≤ BMI ≤ 35 kg/m<sup>2</sup>
7. Indication for tube feeding for at least 6 weeks
8. Functioning GI tract, eligible for tube feeding
9. Nutrition via PEG or nasogastric tube

10. Willing to comply with the study protocol

11. Signed informed consent

## Exclusion criteria

1. Any gastrointestinal disease that interferes with bowel function and nutritional intake (i.e. diabetes related constipation/diarrhea secondary to neuropathy, diarrhea due to chronic inflammatory bowel disease, gastroparesis, gastrectomy)

2. Concomitant intake of parenteral nutrition or other clinical enteral nutrition

3. Significant heart (NYHA class IV), hepatic (transaminase more than 3 times normal) or renal disease (requiring dialysis)

4. Concomitant therapy with acarbose

5. Concomitant therapy with systemic glucocorticoids or within 2 weeks prior to study entry

6. Nutrition via any tube that has to be placed into the jejunum

7. Galactosaemia

8. Alcohol abuse

9. Investigator's uncertainty about the willingness or ability of the patient to comply with the protocol requirements

10. Participation in other studies within 4 weeks of study entry

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Masking:	Double blinded (masking used)
Control:	Active

## Recruitment

NL  
Recruitment status: Recruiting  
Start date (anticipated): 01-11-2006  
Enrollment: 140  
Type: Anticipated

## Ethics review

Not applicable  
Application type: Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL757
NTR-old	NTR768
Other	: N/A
ISRCTN	ISRCTN32726656

## Study results

### Summary results

N/A