

# Maternity Care Flex

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON21938

### Source

NTR

### Brief title

FLEKZ

### Health condition

n.a.

## Sponsors and support

**Primary sponsor:** Geboortezorg Limburg (maternity care organization), all municipalities in Parkstad-region & municipality Sittard-Geleen, Health care insurance companies (CZ and VGZ), GGD Zuid Limburg (municipal health services), midwives

**Source(s) of monetary or material Support:** All partners named above contribute both in cash and in kind

## Intervention

## Outcome measures

### Primary outcome

Self-mastery (Pearlin & Schooler Self-Mastery Scale)

### Secondary outcome

Stress  
Resilience (Brief Resilience Scale-NL)  
Opinion on received (maternity) care  
Competence (Skill/Knowledge subscale' of Parenting Sense of Competence Scale)  
Parent-child attachment (derived from Attachment and Relationship Inventory (ARI-CP 2-5)).  
Quality of care  
Health care costs

Additional outcomes/background variables:

Age  
Nationality  
Marital status  
Household size  
Housing situation  
Educational level  
Occupation

## Study description

### Background summary

Maternity care is a unique type of home care for newborns and their mothers in The Netherlands, offered during the first 10 days after birth. Because of closely working together with families in their home environment, maternity care workers play an important role in the signaling of vulnerabilities. Maternity care therefore is essential for a safe and healthy start of life. Unfortunately, it is often seen that families who could benefit most from maternity care and support, choose for the minimum amount of care. Mandatory costs for maternity care possibly play a role in the amount of care chosen. In addition, 10 days often is experienced to be too short to empower and support vulnerable families. Therefore, in this pilot, newborn parents will be offered 'flexible' maternity care (free maternity care and/or additional hours of care, to be assigned to clients in a flexible way) with the main goal to increase parental empowerment. The effect of providing free and/or more care for this specific population will be evaluated using the 'Quadruple Aim Model'. Questionnaires and interviews will be used, as well as medical files.

### Study objective

Flexible maternity care for high-risk pregnant women is feasible in terms maternal empowerment, stress, resilience and self-efficacy of vulnerable families, health care costs and staff and patient experience.

### Study design

1) Third trimester of pregnancy, 2) at the end of maternity care, before prolonged care is

started (mostly around day 7 postpartum) 3) at six months postpartum

## **Intervention**

Arm 1: refunding all costs for maternity care (obligatory deductible excess)

Arm 2: additional hours of maternity care (to be used with the first 6 months postpartum)

Arm 3: control group (maternity care as usual)

## **Contacts**

### **Public**

GGD Zuid Limburg

Dorien Reijnders

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### **Scientific**

GGD Zuid Limburg

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## **Eligibility criteria**

### **Inclusion criteria**

Vulnerable pregnant women or families expecting a child OR who have a baby <6 months old.

### **Exclusion criteria**

Not willing to fill out questionnaires or share data between maternity care and researcher

## **Study design**

## Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

## Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-11-2021
Enrollment:	450
Type:	Anticipated

## IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Positive opinion	
Date:	20-10-2021
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

NTR-new

Other

### ID

NL9807

METC Z : METCZ20210154

## Study results

### Summary results

n.a.