

Effectiviteit van de interventie Traject. Jongvolwassenen met een chronische aandoening aan het werk?!

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON22037

Source

NTR

Brief title

Traject

Health condition

Young adults (aged between 16-27) with physical disabilities

Sponsors and support

Primary sponsor: Erasmus MC, department of rehabilitation medicine;

Rotterdam University for Applied Sciences, Expertise Center Innovations in Care

Source(s) of monetary or material Support: SIA RAAK-PRO, PRO-2-025

Intervention

Outcome measures

Primary outcome

1. Work-related self-efficacy (Self-efficacy for work)

Secondary outcome

1. Work status (PCQ)
2. Distance to employment (Level of participation)
3. Attitude towards self-management at work (ASE)
4. General self-efficacy (GSES)
5. Health related quality of life (SF-36)

Study description

Background summary

The aim of the research is to evaluate the efficacy of the intervention 'At work', which is aimed to improve the work participation of young adults with physical disabilities. The intervention will be evaluated in this longitudinal research by comparing the primary outcome measure self-efficacy for work between a group receiving the intervention 'At work' and the control group doing the usual reintegration activities or having no care.

Based on a pre-test power analyses, we assume to enroll of 43 participants in the intervention and 43 participants in the control group. The target population consists of young adults with physical disabilities (aged 16-27), who are not employed or who are expected to finish their education within 6 months. Prospective data collection take place at the start of the intervention and at 12 months follow up. The primary outcome measure is work-related self-efficacy. Secondary outcome measures are work status, general self-efficacy, quality of life, social participation and attitude to self-management at work.

Study objective

The programme at Work, will result in a significant increase of work-related self-efficacy in comparison to the usual care and a higher percentage of work participation.

Study design

1. 03-2012/09-2012: preparation trial;
2. 09-2012/04-2014: inclusion period;
3. 04-2015/09-2015: data analysis & publication

Intervention

Experimental

'At work' is a multidisciplinary vocational rehabilitation intervention aimed at empowering young adults with physical disabilities and supporting them to find a suitable job (i.e. attuned to their physical abilities). The intervention starts with an interview to identify co-existing problems in daily functioning. Based on this exploration specific treatment goals are set. Thereafter, the six group sessions start, facilitated by an occupational therapist and a job coach. During the group sessions, information about work-related topics is provided and group discussions take place. Furthermore the participants practice to do a job-interview.

After the group sessions an individual coaching trajectory starts, in which individual needs could be addressed. The job coach searches together with the young adult for work placement opportunities in order to develop vocational skills, work routines, and work experience. Job coaching on the job is provided when the participant has found a paid or unpaid job.

Control

Participants in the control group receive usual care. Usual care can consist of a regular reintegration programme or no care at all. Thus, a variety of several social and medical co-interventions are expected in the control group.

Contacts

Public

Marjolijn Bal
[default]
The Netherlands
+31 10 794 5516

Scientific

Marjolijn Bal
[default]
The Netherlands
+31 10 794 5516

Eligibility criteria

Inclusion criteria

- Young adults (aged between 16 and 27)
- Physically disabled;
- without severe learning disability
- Not employed, or not suitably employed;
- Finished education, or are expected to finish education within 6 months.

Exclusion criteria

- No adequate understanding of the Dutch language;
- Cognitive impairments and/or severe learning disabilities (IQ < 70)

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-09-2012
Enrollment:	86
Type:	Anticipated

Ethics review

Positive opinion

Date: 15-08-2013

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL3922
NTR-old	NTR4145
Other	Medical Ethical Committee Erasmus MC : MEC-2012-381
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results

Summary results

N/A