

The effects of the Dramatherapeutic Self-concept Module for clients with a personality disorder.

(De werking van de Dramatherapeutische Zelfbeeldmodule bij cliënten met een persoonlijkheidsstoornis)

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON22201

Source

NTR

Health condition

self-esteem (zelfwaardering)
personality disorders (persoonlijkheidsstoornissen)
dramatherapy (dramatherapie)

Sponsors and support

Primary sponsor: Mediant GGZ,
Postbus 775
7500 AR ENSCHEDE

Source(s) of monetary or material Support: n.v.t.

Intervention

Outcome measures

Primary outcome

Change in self-esteem, weekly measured before, during and after the intervention (DZM).

Secondary outcome

Change in well-being, weekly measured before, during and after the intervention (DZM).

Study description

Background summary

A multiple baseline single-case study will be conducted to investigate the effects of the Dramatherapeutic self-image Module (Dramatherapeutische Zelfbeeldmodule, DZM). Participants are clients of "De Boerhaven", Centre for Personality disorders of Mediant GGZ, mental health centre, who have been diagnosed with a personality disorder and assessed to outpatient schema focused therapy, having a low self-esteem. They will first participate in psycho-education on schema-focused therapy (a regular part of the treatment) and after that in the DZM. Because both psycho-education and DZM take part in closed groups, there will be some waiting time which will differ for each client. A baseline will be set during psycho-education and/or waiting time. There will be weekly measurements on self-esteem and well-being.

The measurements will start at the moment of inclusion and end 3 measurements after the end of the DZM. Primary outcome is progress of self-esteem, measured by the Rosenberg Self-esteem scale (RSES). Secondary outcome is progress of well-being, measured by the Mental Health-Continuum- Short Form, at (MHC-SF).

Study objective

The dramatherapeutic Self-concept Module (DZM) will lead to improvement of self-esteem during and after participation in the Dramatherapeutic Self-image module in relation to the baseline, which has been set during psycho-education and /or waiting time.

Study design

Measurements will be weekly from the moment of inclusion till 3 measurements after the end of the DZM.

Intervention

The DZM, an intervention of 6 weekly sessions of 75 minutes each in a group of 6

participants, lead by a drama therapist. In this module clients work on enhancing their self-esteem by means of behavioral-cognitive therapeutic techniques and dramatherapeutic techniques.

Contacts

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Eligibility criteria

Inclusion criteria

- a low self-esteem (score RSES ≤ 27)
- a personality disorder as main diagnosis DSM-5
- being able and willing to participate in a group treatment
- being assessed to outpatient schema focused therapy
- being in treatment phase 1 of this therapy. This is the phase before the schema focused therapy, which takes place in phase 2.

Exclusion criteria

- acute suicidality
- mentally disabled
- serious aggressive behaviour
- serious addiction(s)

- clients with a Cluster A-personality disorder or with an antisocial personality disorder.

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	18-02-2019
Enrollment:	10
Type:	Actual

IPD sharing statement

Plan to share IPD: Undecided

Ethics review

Positive opinion	
Date:	30-05-2018
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

ID: 46299
Bron: ToetsingOnline

Titel:

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL7060
NTR-old	NTR7298
CCMO	NL66011.044.18
OMON	NL-OMON46299

Study results

Summary results

The trial will lead to a publication in a journal in the Dutch or English language.