

# Sleep-wake patterns in the change in mood in bipolar disorder

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON22207

### Source

NTR

### Brief title

SWITCH-BD

### Health condition

bipolar disorder type 1  
bipolar disorder  
bipolaire stoornis

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** fonds = verrichter = sponsor

## Intervention

## Outcome measures

### Primary outcome

Sleep/wake patterns and mood disturbances.

### Secondary outcome

1 - Sleep-wake patterns in the change in mood in bipolar disorder 5-05-2025

Rhythm disturbances, positive/negative affect symptoms, sleep variables.

## Study description

### Background summary

Finding possible predictors for the change in mood in patients with bipolar disorder using actigraphy and a daily (online) diary containing positive/negative affect questions.

### Study objective

Changes in the sleep/wake pattern can be predictive of changes in mood in patients with bipolar disorder.

### Study design

180 consecutive days, daily assessment.

### Intervention

No direct interventions.

Daily mood assessment using online diary.

Daily activity measurement using actometer.

## Contacts

### Public

Hanzeplein 1

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### Scientific

Hanzeplein 1

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## Eligibility criteria

### Inclusion criteria

Age: 18 - 65

Bipolar disorder type 1

Able to read and write Dutch

### Exclusion criteria

Somatic sleep disorders

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-09-2016
Enrollment:	20

Type: Anticipated

## Ethics review

Not applicable

Application type: Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL5887
NTR-old	NTR6075
Other	: METc 2015/118.

## Study results