

# Measuring symptoms and disability in hand/wrist disorders.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	-

## Summary

### ID

NL-OMON22312

### Source

NTR

### Brief title

ACADEMI

### Health condition

Specific and non-specific CANS, complaints of the arm, Upper Extremity, Hand, Disability Evaluation, Investigative Techniques, CANS, Bovenste extremiteit, Hand, Beoordelen van beperkingen, Onderzoekstechnieken

## Sponsors and support

**Primary sponsor:** University Medical Center Groningen

**Source(s) of monetary or material Support:** University Medical Center Groningen

## Intervention

## Outcome measures

### Primary outcome

Each part (I, II and III) of the study has its own main study parameters.

Part I. Scores of single items, subscales and a total score of three questionnaires (QuickDASH,

PRWHE, HFS).

Part II. Scores of eight different tests composing the upper extremity FCE.

Part III. Maximal oxygen uptake (VO<sub>2</sub>max in l/min).

### **Secondary outcome**

Part I. Scores of single items, subscales and a total score of the RAND-36, Pain Disability Index (PDI), Pain Numeric Rating Scale, Upper Extremity Work Demands (UEWD). External criterium for assessing responsiveness, after hand therapy: global rating scale (global perceived effect of change).

Part II. Scores of single items, subscales and a total score of three questionnaires (QuickDASH, PRWHE, HFS). Scores of single items, subscales and a total score of the RAND-36, Pain Disability Index (PDI), Pain Numeric Rating Scale, Upper Extremity Work Demands (UEWD).

Part III. Scores of single items, subscales and a total score of three questionnaires (QuickDASH, PRWHE, HFS). Scores of single items, subscales and a total score of the RAND-36, Pain Disability Index (PDI), Pain Numeric Rating Scale, Upper Extremity Work Demands (UEWD). Anaerobic threshold (AT, % of VO<sub>2</sub>max), W/kg. Handheld dynamometry of both hands. Weight, height, BMI, fat free mass (bio-impedance).

## **Study description**

### **Study design**

Part I: T1 (first measurement), T2 (1-3 weeks after T1), T3 (4-8 weeks after start of hand therapy, where applicable).

Part II: T1 (first measurement), T2 (1-3 weeks after T1), T3 (4-8 weeks after start of hand therapy, where applicable).

Part III: T1 (first measurement).

### **Intervention**

N/A

## Contacts

### Public

University Medical Center Groningen - Department of Rehabilitation Medicine

R.J. Berduszek  
PO BOX 30.001

Groningen 9700 RB  
The Netherlands  
+31503612295

### Scientific

University Medical Center Groningen - Department of Rehabilitation Medicine

R.J. Berduszek  
PO BOX 30.001

Groningen 9700 RB  
The Netherlands  
+31503612295

## Eligibility criteria

### Inclusion criteria

In order to be eligible to participate in this study (part I, II and III), a subject must meet all of the following criteria:

- Aged 18 years or over.
- Complaints of hand, wrist and/or forearm, classified as either specific or nonspecific complaints of the arm, neck and/or shoulder (CANS), which might have a direct influence on hand or wrist function (in practice all complaints located from the elbow towards the fingers).

Extra for assessing responsiveness in part I:

- Receiving hand therapy for these complaints at the outpatient clinic of the Department of Rehabilitation Medicine of the University Medical Center Groningen, for a duration of at least four weeks.

Extra for the functional capacity evaluation study (part II):

- Meeting the criteria of the Physical Activity Readiness Questionnaire (PAR-Q). If question 5 ('Do you have a bone or joint problem that could be made worse by a change in your physical activity') is solely answered with 'yes' because of those complaints of hand, wrist and/or forearm for which the patient visited the outpatient clinic of the Department of Rehabilitation Medicine of the University Medical Center Groningen, we consider the criteria of the PAR-Q are still being met.

## Exclusion criteria

A potential subject who meets any of the following criteria will be excluded from participation in this study (parts I, II and III):

- Insufficient understanding of Dutch to fill out questionnaires.
- Other medical condition(s) causing considerable disability, such as neurological disorders (e.g. stroke, peripheral nerve damage) or joint diseases (e.g. osteoarthritis, rheumatoid arthritis).

Extra for part III:

- Presence of contraindications for cardiopulmonary exercise testing. This is checked using usual clinical criteria, based on the ATS/ACCP Statement on cardiopulmonary exercise testing.

## Study design

### Design

**Intervention model:** Other

**Control:** N/A , unknown

### Recruitment

NL

Recruitment status:	Recruiting
Start date (anticipated):	01-08-2015
Enrollment:	434
Type:	Anticipated

## Ethics review

Positive opinion

Date: 15-04-2016

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

ID: 41867

Bron: ToetsingOnline

Titel:

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL5657
NTR-old	NTR5792
CCMO	NL51584.042.15
OMON	NL-OMON41867

## Study results