

# The Aristocaths study

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON22330

### Source

NTR

### Brief title

N/A

### Health condition

aristocaths, catheter infections, catheter infecties, Ethanol lock solution, paediatric oncology patients

## Sponsors and support

**Primary sponsor:** Academic Medical Center, Amsterdam

**Source(s) of monetary or material Support:** Dutch Childhood Oncology Group, The Hague

## Intervention

## Outcome measures

### Primary outcome

First endpoint:

All patients will be prospectively followed till time of first documented catheter related infection, till death, or till removal of the catheter, whatever endpoint will come first. Maximum duration of the study 6 months.

Secondary endpoint:

Occurrence of fever (with or without neutropenia), occurrence of thrombosis (clinical or subclinical days of hospital admission, clinical severity of the infection, outcome.

## **Secondary outcome**

Side effects will be registered, focussing on allergic reactions, “flushing” of the face, dizziness, warm feeling and liver (ASAT, ALAT) These reactions will be registered in the first hour after flushing the lock.

# **Study description**

## **Background summary**

### Background

The use of tunnelled central venous catheters has many advantages in the treatment of children with cancer. However, especially in children with long neutropenic episodes, the risk of infection and subsequently venous thrombosis is present, which can lead to severe morbidity.

### Objective of the study

To evaluate the efficacy and safety of ethanol lock solution for prevention of catheter-related infections in children treated for cancer compared to standard heparin solution.

### Study design

Multicentre randomised controlled trial in paediatric oncology patients ages 1-18 years in whom a tunnelled central venous catheter will be inserted.

Intervention: After insertion of the catheter an ethanol (70%)-lock solution will be administered (3 mls) for a duration of 2 hours, once weekly or longer if the catheter is not locked in between. The control-group will be locked with the standard heparin (100U/ml) solution (3 mls).

The primary outcome measure will be the first catheter-related bacteraemia, death of the patient, or removal of the catheter, whatever comes first. As secondary outcome measures fever, antibiotic use, days of hospital admission and the presence of thrombosis will be evaluated. For each patient, the maximum duration of the study will be 6 months.

Poweranalysis: To reduce the catheter related infection rate from 30% to 15%, 300 tunnelled catheters are needed in both arms with 85% of detecting a difference.

## Clinical/scientific relevance

If ethanol lock solution will decrease the number of infections and thrombosis, this will lead to a reduction in morbidity and mortality due to infections, and less postponement of chemotherapeutic treatment with ultimate higher survival. Ethanol lock solutions will be used routinely in all pediatric cancer centres in the Netherlands and possibly international.

## Study objective

N/A

## Study design

Interim analyses: 1,5 year after start study!

## Intervention

Central randomisation will be performed, allocating the patients to the control or experimental group. Both the patient and the investigators will be blinded tot the treatment.

The experimental group: Ethanol 70%-ARM

For patients who are randomized to the ethanol 70% arm, the lock solution will consist of 3 ml of 70% ethanol. A volume of 3 ml of ethanol will be used to fill the catheter and will be locked in place for 2 hours. If the child receives a baby port the the lock solution will only be 1.5 mls for 2 hours. This will be repeated once weekly (range 5-10 days). If the child has a port a cath and does not need treatment within one week then it is allowed to extend the lock procedure. If the child has a double lumen Broviac inserted the lock solution per catheter will be 1.5 mls. After 2 hours the lock solution will be flushed with 3 ml of normal saline and 3 mls standard heparin will be used to close the catheter.. If the catheter needs to be used in between, the standard procedure will be followed: flushing the catheter with 3 ml of heparin

The control group: Heparin 100 U/ml- ARM

For patients who are randomized to the standard heparin 100 U/ml-arm, the lock solution will consist of 3 ml of heparin 100 U/ml. A volume of 3 ml will be used to fill each catheter and will be locked in place for 2 hours. If the child receives a baby port the lock solution will only be 1.5 mls for 2 hours. This will be repeated once weekly (range 5-10 days). If the child has a port a cath and does not need treatment within one week then it is allowed to extend the lock procedure. If the child has a double lumen Broviac inserted the lock solution per catheter will be 1.5 mls. After 2 hours the lock solution will be flushed with 3 ml of normal saline and 3 mls standard heparin will be used to close the catheter. If the catheter needs to be used in between, the standard procedure will be followed: flushing the catheter with 3 ml of heparin 100U/ml.

## Contacts

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## Eligibility criteria

### **Inclusion criteria**

Paediatric oncology patients between 1 and 18 years of age with a newly inserted tunnelled central venous catheter (both internal and external devices) will be eligible for the study.

### **Exclusion criteria**

1. Children who have a documented infection at the time of catheter insertion
2. Children <1 year at diagnosis
3. Children with an existing primary immunological disorder
4. Placement of the central venous catheter in the site of a previously radiographically confirmed venous thrombosis
5. Allergy for ethanol

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-10-2007
Enrollment:	600
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	14-04-2008
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL1230
NTR-old	NTR1275
Other	AMR project code CC551002 : Financing KIKAnumber 1561
ISRCTN	ISRCTN wordt niet meer aangevraagd

## Study results

### Summary results

N/A