

# Prevention of lymphedema by therapeutic elastic compression hoses; treatment efficacy.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON22336

### Source

NTR

### Brief title

PROTECT

### Health condition

inguinal lymph node dissection  
lymphedema  
lymfoedeem  
oppervlakkige liesklierdissectie  
therapeutisch elastische kousen  
compression hoses

## Sponsors and support

**Primary sponsor:** The Netherlands Cancer Institute - Antoni van Leeuwenhoek Hospital (dpt of physiotherapy)

**Source(s) of monetary or material Support:** initiator

## Intervention

## Outcome measures

### Primary outcome

Incidence of lymphedema (survival without lymphedema).

### Secondary outcome

1. Early surgical complications (wound breakdown, lymphocele formation, wound infection);
2. Genital oedema;
3. Health related quality of life;
4. Body image;
5. Compliance to usage of the hose;
6. Use of professional homecare;
7. Lymphedema requiring treatment.

## Study description

### Background summary

Patients after inguinal lymphnode dissection will be followed up to 12 months post-surgery. Patients in hose group will wear a class II therapeutic compression hose in addition to patient education as provided to no-hose group. Survival analysis (cox regression) will be used to estimate treatment effect.

### Study objective

H0: incidence of lymphedema in hose-group equals non-hose group;

H1: incidence of lymphedema in hose group does not equal non-hose group.

### Study design

N/A

### Intervention

Therapeutic elastic compression hose for a period of 6 months, in addition to standard regimen of early ambulation and patient education.

## Contacts

### **Public**

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### **Scientific**

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## Eligibility criteria

### **Inclusion criteria**

1. 18 years or older;
2. Inguinal lymphnode dissection because of metastases of melanoma or urogenital tumour.

### **Exclusion criteria**

1. Deep venous thrombosis;
2. Manifest lymphedema or episodes of lymphedema in the past;
3. Isolated limb perfusion treatment;
4. Oedema as a result of venous insufficiency;
5. Psychiatric disorders;

6. Lacking basic proficiency in dutch.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-10-2006
Enrollment:	80
Type:	Actual

## Ethics review

Positive opinion	
Date:	27-03-2007
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL917
NTR-old	NTR941
Other	: N/A
ISRCTN	ISRCTN23026635

## Study results