# Lybridos Food effect study Voedsel effect onderzoek naar Lybridos

No registrations found.

**Ethical review** Positive opinion

**Status** Pending

Health condition type -

**Study type** Interventional

### **Summary**

#### ID

NL-OMON22366

**Source** 

Nationaal Trial Register

**Health condition** 

Seksueel functioneren, Seksuele disfunctie

### **Sponsors and support**

**Primary sponsor: EB FSD** 

Source(s) of monetary or material Support: EB FSD

Intervention

#### **Outcome measures**

#### **Primary outcome**

90% CI ratio for both AUC0-inf and Cmax

#### **Secondary outcome**

Pharmacokinetic

Difference in Tmax and tlag and

- -Area under the concentration time curve (AUC)
- -Peak exposure (Cmax)
- -Time to peak exposure (Tmax)
- -Lag time (tlag)
- -Terminal elimination half-life (t½)

#### Safety

- A. Nature, frequency and severity of AEs
- B. Vital signs and 12-lead ECG
- C. Safety laboratory tests (urinalysis, haematology, biochemistry)

# **Study description**

#### **Background summary**

A total of 18 subjects receive the investigational drug. During the 2 experimental days (where bloodsampling for PK analysis will take place), subjects receive Lybridos under Fed and Fasted conditions in random order. Subjects visit the site à total of 8 times: 1 screening visit, 1 experimental day for two times in a crossover (consisting of an admission,day 1 and day 2) and 1 final follow up visit.

#### Study objective

Primary objective

1. To determine the effect of food on the pharmacokinetics of buspirone administered as the Lybridos formulation

Secondary objective

1. To evaluate the safety and tolerability of a single dose of Lybridos under fasted and fed conditions

#### Study design

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#### Intervention

Lybridos 2 gifts

### **Contacts**

#### **Public**

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# **Eligibility criteria**

#### Inclusion criteria

- 1. Provision of informed consent
- 2. Females between 18 and 55 years of age (both inclusive)
- 3. Healthy based on medical history, physical examination (including vital signs), electrocardiogram, laboratory values
- 4. Body mass index (BMI) ≥18 kg/m2 and ≤ 30 kg/m2

5. Venous access sufficient to allow blood sampling as per protocol

#### **Exclusion criteria**

#### Cardiovascular conditions

- 1. Systolic blood pressure ≥ 140 mmHg and/or diastolic blood pressure ≥ 90 mmHg.
- 2. Systolic blood pressure < 90 mmHg and/or diastolic blood pressure < 50 mmHg

#### Gynaecological and obstetric conditions

- 3. Use of oral contraceptives containing anti-androgens (e.g. crypteron acetate) or anti (androgenic) progestogens (drosperidone, dienogest, chlormadinone acetate and norgestrel)
- 4. Use of any hormone replacement therapy (HRT) containing more than 50  $\mu g/day$  of estrogen
- 5. Pregnancy (note: an urine pregnancy test will be performed in all women prior to the administration of study medication)
- 6. Lactating or delivery in the previous 6 months
- 7. Perimenopausal status (cycle shortening/irregular menstrual bleeding in the last 12 consecutive months and/or occurrence of vasomotor symptoms (e.g. hot flashes, night contraceptive sweating) in combination with elevated FSH levels (>40 IU/L) for women age 40 onwards; in women with a history of hysterectomy, perimenopausality can be assessed by FSH levels (>40 IU/L) and/or vasomotor symptoms)

#### General

- 8. Use of any drugs from two weeks prior to admission to the research unit until the follow-up visit, except for allowed oral contraceptives and pain relief (e.g. paracetamol up to 1.5 g per day)
- 9. Known or suspected hypersensitivity to any of the components of the formulation
- 10. Liver function tests (i.e., alanine aminotransferase (ALT), aspartate aminotransferase (AST) and bilirubin) significantly above the upper limit of normal (ULN) at repeated measures
- 11. Any clinically significant history or any other disease or disorder- gastrointestinal,
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cardiovascular, respiratory, renal, hepatic, neurological, dermatological, psychiatric, or metabolic as judged by the medical investigator

- 12. Smoking
- 13. Unwilling or unable to refrain from consuming grapefruit juice, star fruit and St. Johns Wort 24 hours before and after intake of medication
- 14. Current regular use of any illicit drugs or history of excessive drinking within 3 months prior to admission to the research unit and/or unwilling or unable to refrain from products containing alcohol from 24 hours before admission and during the stay in the research unit
- 15. Donation of blood within 3 months prior to admission to the research unit
- 16. Positive serology test for hepatitis B serum antigen (HBsAg), anti-hepatitis A virus (HAV) (IgM), anti-hepatitis C virus (HCV) or anti human immunodeficiency virus (HIV) 1+2
- 17. Subjects who, in the opinion of the investigator, are not likely to complete the trial for any reason
- 18. Participation in any clinical study within 1 month prior to the expected date of enrolment into the study.
- 19. Employees of the sponsor or CRO involved in the study

## Study design

### Design

Study type: Interventional

Intervention model: Crossover

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

#### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 26-01-2015

Enrollment: 18

Type: Anticipated

### **Ethics review**

Positive opinion

Date: 23-10-2014

Application type: First submission

# **Study registrations**

### Followed up by the following (possibly more current) registration

ID: 41098

Bron: ToetsingOnline

Titel:

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

NTR-new NL4717 NTR-old NTR4862

CCMO NL50357.056.14 OMON NL-OMON41098

# **Study results**