Assessment of the glycemic responses to nutritional products

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON22371

Source
NTR

Brief title
Glow

Health condition

Not applicable

Sponsors and support

Primary sponsor: Danone Nutricia Research
Source(s) of monetary or material Support: Danone Nutricia Research

Intervention

Outcome measures

Primary outcome

The primary outcome is the glycemic index of the test products

Secondary outcome

The secondary outcome parameters in this study are:

- GL=GI*available carbohydrate/given amount
Capillary blood glucose mmol/l and iAUC0-120 [mmol/l*min] of the reference product and test product(s)
- Capillary blood glucose iCmax [mmol/l] and Tmax [min] of the reference product and test product(s)
- Appetite profile and liking of the test product using visual analogue scales (VAS, mm)

Study description

Background summary

This is a generic protocol for the assessment of glycemic responses to nutritional products. During a study visit fasted subjects will consume one serving of the reference product or (one of) the test product(s). Capillary blood samples will be taken at baseline and at several time-points over a 2-hr period. Appetite and liking will be assessed by completing a VAS scale on several time-points. Several nutritional products will be tested over time.

Study objective

Not applicable

Study design

Time points of the outcome; for example: V0 (screening); V1; V2 (≥48 hrs), V# (≥48 hrs)

Intervention

Duration of intervention: depending on number of test products

Intervention group:
- Test product(s):
All test products contain 25 or 50 g of available carbohydrates.
- Reference product (one to be chosen):
a) anhydrous glucose powder (25 or 50 g)
b) dextrose (glucose monohydrate, 27,5 or 55 g)
c) commercial solution containing glucose (25 or 50 g)

Contacts

Public
Danone Nutricia Research

Danone Nutricia Research

+31 30 2095 000
Scientific
Danone Nutricia Research
Danone Nutricia Research

+31 30 2095 000

Eligibility criteria

Inclusion criteria

1. Age ≥ 18 and ≤ 60 years
2. Body Mass Index (BMI) ≥ 18.5 and ≤ 24.9 kg/m2
3. Written informed consent
4. Willingness and ability to comply with the protocol
5. Judged by the investigator to be in good health

Exclusion criteria

1. Known Diabetes Mellitus type I or type II, rebound hypoglycaemia and/or any other medical condition that interferes with glucose
2. Any use of anticoagulants, steroids, protease inhibitors or antipsychotics and/or any medication known to affect glucose tolerance and/or to influence digestion and absorption of nutrients within 1 week of screening, in opinion of the investigator
3. Any known disease which influence digestion and absorption of nutrients within 1 week of screening
4. Any known relevant food allergy or intolerance
5. Adherence to a strict vegan diet and/or a weight loss program
6. Any known bleeding disorder

Study design

Design

Study type:	Interventional
Intervention model:	Crossover

Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL

Recruitment status:	Recruiting
Start date (anticipated):	18-11-2019
Enrollment:	10
Type:	Anticipated

IPD sharing statement

Plan to share IPD: No

Plan description
not applicable

Ethics review

Positive opinion

Date:	12-11-2019
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

ID: 49247
Bron: ToetsingOnline
Titel:

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL8151
CCMO	NL71190.056.19
OMON	NL-OMON49247

Study results

Summary results
not applicable