

# Pharmacological Treatment of Depression.

No registrations found.

|                              |                     |
|------------------------------|---------------------|
| <b>Ethical review</b>        | Positive opinion    |
| <b>Status</b>                | Recruitment stopped |
| <b>Health condition type</b> | -                   |
| <b>Study type</b>            | Interventional      |

## Summary

### ID

NL-OMON22391

### Source

NTR

### Brief title

Venla study

### Health condition

This is a double blind, randomized study with a washout period, comparing 2 treatments strategies.

Study duration is 1 week washout period, 7 weeks acute treatment and continuation treatment of responders during 4 months.

One condition is with imipramine with adequate plasma levels the other is venlafaxine with optimal dosage

## Sponsors and support

**Primary sponsor:** Erasmus MC

**Source(s) of monetary or material Support:** Wyeth

## Intervention

## Outcome measures

### Primary outcome

Change in HRSD scores.

### **Secondary outcome**

1. Change in CGI scores;
2. Response defined as > 50% reduction on HRSD compared to baseline;
3. Remission defined as an end score of < 7 on the HRSD.

## **Study description**

### **Background summary**

TITLE:

Pharmacological treatment of Depression: Phase I Venlafaxine versus Imipramine

OBJECTIVES:

Primary:

1. To compare in inpatients with a depression the antidepressant efficacy at seven weeks of two treatment arms: (1) 7 weeks Venlafaxine (maximum dose 375 mg); (2) 7 weeks Imipramine (dose adjustment to adequate plasma levels of 200-300 mug/day).

Secondary:

1. To compare in patients with a depression the tolerability of Venlafaxine and Imipramine;
2. Evaluate efficacy and tolerability during continuation of 4 months of treatment in the responders;
3. Measure plasma level of Venlafaxine:  
Patients with Venlafaxine plasma levels under 195 µg/L (not a therapeutical range) show lesser improvement in HRSD/ CGI scores.

TYPE OF PATIENTS:

Inpatients of the Erasmus MC with a severe major depression.

#### NUMBER OF PATIENTS:

138.

#### TRIAL DESIGN:

A double blind, randomized singlecentre study with a washout period, comparing 2 treatment strategies.

#### TRIAL TREATMENTS:

1. Venlafaxine (maximum dose 375 mg);
2. Imipramine (dose adjustment to adequate plasma levels of 200-300 µg/l).

#### DURATION OF TREATMENT:

One week washout and 7 weeks acute treatment with Venlafaxine or Imipramine. Total of 8 weeks;

#### FOLLOW-UP:

Continuation treatment of responders during 4 months.

#### PRIMARY ENDPOINTS:

Proportion of responders.

Change in:

1. HRSD scores;
2. CGI scores;
3. Time to response;

#### 4. Adverse effects.

### **Study objective**

1. Imipramine and Venlafaxine are comparable in efficacy in inpatients with a major depression;
2. Imipramine and Venlafaxine are comparable in tolerability;
3. Patients with a Venlafaxine plasma level  $< 195 \mu\text{g/L}$  show comparable antidepressant efficacy as patients with a Venlafaxine plasma level  $> 195 \mu\text{g/L}$ ;
4. Imipramine and Venlafaxine are comparable in efficacy during 4 months follow-up;
5. Imipramine and Venlafaxine are comparable in tolerability during 4 months follow-up.

### **Intervention**

1. Venlafaxine (maximum dose 375 mg);
2. Imipramine (dose adjustment to adequate plasma levels of 200-300  $\mu\text{g/l}$ ).

## **Contacts**

### **Public**

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## **Eligibility criteria**

### **Inclusion criteria**

For inclusion in the trial, patients must fulfill all of the following criteria:

1. Age 18-65;
2. Major depressive disorder, single or recurrent episode (DSM-IV);
3. HRSD (17 item)  $\geq 14$ ;
4. Written informed consent.

## **Exclusion criteria**

Any of the following is regarded as a criterion for exclusion from the trial:

1. Patients whom are incapable to understand the information and to give informed consent. And patients whom are unable to read or write;
2. Major depression with psychotic features (separate study);
3. Bipolar I or II disorder;
4. Schizophrenia or other primary psychotic disorder;
5. Treatment of current episode with adequate trial of Imipramine or Venlafaxine;
6. Drug/ alcohol dependence last 3 months;
7. Mental retardation (IQ  $< 80$ );
8. Women: pregnancy or possibility for pregnancy and no adequate contraceptive measures. Breastfeeding;
9. Serious medical illness affecting CNS, e.g.: M. Parkinson, SLE, brain tumor, CVA;
10. Relevant medical illness as contra-indications for the use of study medication (Venlafaxine and Imipramine), such as recent myocardial infarction and severe liver or kidney failure;
11. Medication affecting CNS, e.g.: antidepressants and/or antipsychotics other than study medication, steroids (prednisolone), mood stabilisers, benzodiazepines (if not being tapered):  $> 3$  mg lorazepam (or equivalent: see appendix Moleman P. 1998. Praktische psychopharmacologie. Derde druk. Bohn Stafleu Van Loghum page 19);
12. Direct ECT indication (e.g. very severely suicidal or refusal of food and drinking resulting in life threatening situation);

### 13. Contra-indications for Lithium (Moleman, 1998):

- a. Kidney failure;
- b. Acute myocard infarct;
- c. Myasthenia gravis;
- d. Breastfeeding.

## Study design

### Design

|                     |                               |
|---------------------|-------------------------------|
| Study type:         | Interventional                |
| Intervention model: | Parallel                      |
| Allocation:         | Randomized controlled trial   |
| Masking:            | Double blinded (masking used) |
| Control:            | Active                        |

### Recruitment

|                           |                     |
|---------------------------|---------------------|
| NL                        |                     |
| Recruitment status:       | Recruitment stopped |
| Start date (anticipated): | 01-06-2004          |
| Enrollment:               | 138                 |
| Type:                     | Actual              |

## Ethics review

|                   |                  |
|-------------------|------------------|
| Positive opinion  |                  |
| Date:             | 08-03-2006       |
| Application type: | First submission |

## Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

| Register | ID             |
|----------|----------------|
| NTR-new  | NL563          |
| NTR-old  | NTR619         |
| Other    | : N/A          |
| ISRCTN   | ISRCTN73221288 |

## Study results

### Summary results

N/A