

# An intervention to improve cooperation between absent employees and their employers.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON22455

### Source

NTR

### Health condition

All health conditions, except for terminal illnesses

## Sponsors and support

**Primary sponsor:** Sponsor: Stichting Instituut GAK

Performer: Maastricht University

**Source(s) of monetary or material Support:** Stichting Instituut GAK

## Intervention

## Outcome measures

### Primary outcome

Proximal outcomes:

1. Outcome name: Mutual trust measured by means of among others a self-developed questionnaire. Time points: Every four to six weeks until the employee returns to work;

2. Outcome name: Mutual dependency with a self-developed questionnaire. Time points: Every four to six weeks until the employee returns to work;

3. Outcome name: Cooperation with among others self-developed questionnaires. Time points: Every four to six weeks until the employee returns to work.

Distal outcomes:

1. Outcome name: Participation (sickness absence) with the Prodisq. Time points: 0, 6 and 12 months;

2. Outcome name: Health with parts of the SF-36. Time points: 0, 6 and 12 months;

3. Outcome name: Quality of life with the EQ-5D-5L. Time points: 0, 6 and 12 months;

4. Outcome name: Care consumption with the TIQP. Time points: 0, 6 and 12 months.

### **Secondary outcome**

Outcome name: Satisfaction about support provided by the third actor (measured by means of a self-developed questionnaire in intervention group only). Time points: As soon as possible after the employee returned to work.

## **Study description**

### **Background summary**

A quasi experimental study to test the effects of a minimal intervention on among others participation (sickness absence) of employees.

The intervention group receives: A) a guideline to structure and intensify cooperation between absent employees and their employers; B) regular testing moments (employees and employers fill out a questionnaire about their cooperation); C) in case of insufficient cooperation, a third actor (for example an occupational physician) supports employees and their employers to cooperate with each other. The control group receives care as usual.

### **Study objective**

N/A

### **Study design**

N/A

## **Intervention**

Intervention group:

1. Absent employees and their employers use a guideline to structure and intensify their cooperation. Among others, this guideline advises employees and employers about their meeting frequency, how to prepare for- and what to discuss during the meetings. As part of this guideline, employees and employers discuss when and how the employees can return to work;
2. Every four to six weeks, employees and employers fill out a questionnaire about their cooperation;
3. In case the results of the questionnaire point out a lack of cooperation, employees and employers are supported by a third actor (an occupational physician or other professional) to cooperate with each other.

Control group:

Care as usual/regular support to return to work, provided by employers and occupational physicians.

## **Contacts**

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# Eligibility criteria

## Inclusion criteria

The inclusion criteria for the employees are that they:

1. Are on sick leave for at least two weeks;
2. Expect to be absent from work for at least four working weeks;
3. Are appointed to work for at least twelve hours per week;
4. Are aged between 18 and 60 years old.

Employees can participate in the study only when their employers are willing to participate as well.

## Exclusion criteria

The exclusion criteria for the employees are that they:

1. Expect to resume work within four weeks after they called in sick;
2. Have a labour contract that ends within eighteen months;
3. Suffer from a terminal illness;
4. Are absent for more than eighth weeks. According to Dutch law, a return to work plan is composed before eighth weeks of absence. If such as plan exists, the intervention may interfere with the plan;
5. Take part in another study or receive other kinds of support (such as coaching) to return to work.

# Study design

## Design

Study type: Interventional

Intervention model:	Parallel
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

## Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-03-2011
Enrollment:	140
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	08-11-2011
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL3003
NTR-old	NTR3151
Other	METC : 11-4-115
ISRCTN	ISRCTN wordt niet meer aangevraagd.

# Study results

## Summary results

N/A