

# Comparison of the effectiveness of a behavioural graded activity program and manual therapy in patients with sub-acute neck pain.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON22501

### Source

Nationaal Trial Register

### Brief title

N/A

### Intervention

### Outcome measures

#### Primary outcome

1. GPE;
2. global perceived effect;
3. NDI;
4. neck disability index.

#### Secondary outcome

1. NRS;
2. Numerical Rating Scale;
3. kinesiophobe (TAMPA);
4. distress;
5. coping;
6. 4 DKL;
7. 4 Dimensional Symptom Questionnaire;
8. PCCL;
9. Pain Coping and Cognition List;
10. costs.

## Study description

### Background summary

N/A

### Study objective

N/A

### Study design

N/A

### Intervention

Behavioural graded activity program versus manual therapy.

## Contacts

### Public

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#### **Scientific**

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## **Eligibility criteria**

### **Inclusion criteria**

Patients visiting the general practitioner with non-specific new complaint or new episode of complaint of the neck (4 to 12 weeks). An episode of complaint is new if patients have not visited their GP for the same complaint the preceding 6 months. Age between 18 and 70 years.

### **Exclusion criteria**

Patients are excluded from the study if a fracture, malignancy, or rheumatoid arthritis causes the presented complaint.

## **Study design**

### **Design**

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial

Masking:	Double blinded (masking used)
Control:	Active

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-04-2002
Enrollment:	180
Type:	Actual

## Ethics review

Positive opinion	
Date:	29-06-2005
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL50
NTR-old	NTR81
Other	: ZONMW 940-31-060
ISRCTN	ISRCTN81350628

# Study results

## Summary results

N/A