

# A study of ARA 290 for treating rheumatoid arthritis.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON22511

### Source

NTR

### Brief title

ARARA

### Health condition

rheumatoid arthritis  
reumatoide artritis  
reuma

## Sponsors and support

**Primary sponsor:** Leiden University Medical Center

**Source(s) of monetary or material Support:** Fund=initiator=sponsor

## Intervention

## Outcome measures

### Primary outcome

Weekly measurements of:

1. Disease activity, measured by the disease activity score: 'original DAS';

2. Functionally ability, measured by the Health Assessment Questionnaire (HAQ) disability index;
3. Systemic inflammation: ESR, CRP.

### **Secondary outcome**

Weekly assessment of:

Tolerability, using blood investigation and physical examination.

## **Study description**

### **Background summary**

ARARA is an open label phase II study investigating the effect of ARA290 on disease activity, functional ability and systemic inflammation in patients with active rheumatoid arthritis. Twelve patients will receive an intravenous dose (2mg) of ARA290 once or thrice weekly depending on randomization, during 4 weeks. During treatment, they will also continue the use of their own disease modifying anti rheumatic drug (DMARD). Previous or current use of a biologic agent will not be allowed. Efficacy and tolerability will be evaluated weekly.

### **Study objective**

ARA290 will reduce disease activity in rheumatoid arthritis.

### **Study design**

1. Weekly assessment of disease activity, functional ability, systemic inflammation and tolerability from start treatment until one week after end of treatment;
2. Extra assessment of all primary outcomes one month after end of treatment and when disease activity flares.

### **Intervention**

Thrice or once (depending on randomization) weekly intravenous dose of study drug ARA 290, 2 mg bolus, for 4 weeks.

## **Contacts**

**Public**

Leiden University Medical Center (LUMC),  
Department of Rheumatology,  
C1-39,  
P.O. Box 9600  
C.F. Allaart  
Leiden 2300 RC  
The Netherlands  
+31 (0)71 5263598

**Scientific**

Leiden University Medical Center (LUMC),  
Department of Rheumatology,  
C1-39,  
P.O. Box 9600  
C.F. Allaart  
Leiden 2300 RC  
The Netherlands  
+31 (0)71 5263598

## Eligibility criteria

### Inclusion criteria

1. Diagnosis of RA, classified by ARA (American Rheumatism Association) 1987 revised criteria;
2. Active disease at screening and baseline: 6/68 tender and 6/66 swollen joints and either an erythrocyte sedimentation rate (ESR) of  $\geq 28$  mm/hr or C-reactive protein (CRP)  $> 10$  mg/l;
3. Written informed consent.

### Exclusion criteria

1. Current or previous treatment with biological agent;
2. Clinically relevant abnormal laboratory results, ECG, vital signs, or physical findings other than conditions related to rheumatoid arthritis (as judged by the investigator);
3. Pregnancy or wish to become pregnant during the study, or childbearing potential without adequate contraception;
4. Participation in an investigational drug trial, current or in the 3 months prior to

administration of the initial dose of study drug or more than 4 times per year;

5. Use of erythropoietin;

6. Inability to follow the protocol and to comply with the follow up requirements;

7. Clinically relevant abnormal history of physical and mental health other than conditions related to rheumatoid arthritis, as determined by medical history taking (as judged by the investigator) or any other condition that in the opinion of the investigator would complicate or compromise the well being of the subject.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-01-2011
Enrollment:	14
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	21-10-2010
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL2460
NTR-old	NTR2577
Other	METC LUMC : P10.236
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Study results

### Summary results

Brines M, Cerami A. Discovering erythropoietin's extra-hematopoietic functions: biology and clinical promise. *Kidney Int* 2006; 70(2):246-50.