Parenting as it's lived!

No registrations found.

Ethical review Not applicable **Status** Recruiting

Health condition type -

Study type Interventional

Summary

ID

NL-OMON22566

Source

Nationaal Trial Register

Brief title

PAIL

Health condition

Trauma

Sponsors and support

Primary sponsor: Yield Graduate Program

Source(s) of monetary or material Support: Yield Graduate Program

Intervention

Outcome measures

Primary outcome

Parental self-efficacy

Secondary outcome

Autonomy supportive parenting practices

Study description

Background summary

Recently settled refugee families in the Netherlands face a number of stressors. A forced migration into a foreign country and culture, discrimination, and a feared loss of identity by their children are among the stressors families deal with on a daily basis. Such post-migration stressors come on top of a history of possibly traumatic experiences prior to their resettlement in the Netherlands. Both pre-migration and post-migration stressors may influence refugee parents' feelings of parental self-efficacy (PSE) and use of autonomysupportive parenting. In this study, we will use Experience Sampling Methods (ESM; i.e., where data is collected at multiple times during the day, for multiple days) to test, first, whether daily post-migration stressors are negatively associated with how efficacious parents feel, and how these feelings of PSE in turn are associated with parent's use of autonomysupportive parenting. Second, whether strengthening parents' PSE weakens the association between daily stressors and PSE, and subsequently more use of autonomy-supportive parenting becomes evident. This study can inform research by highlighting the possible adverse link between daily stressors, PSE and autonomy-supportive parenting practices. In addition, this study informs future parenting support work with recently settled refugee families by testing the effectiveness of a brief intervention on PSE and autonomy-supportive parenting.

Study objective

- 1. Post-migration stressors are associated with parental self-efficacy controlling for wartrauma
- 2. Parents feel more efficacious on days with less post-migration stressors and vice-versa
- 3. Real Tailored Verbal feedback on parenting will improve Parental Self-Efficacy
- 4. Parents will experience less fluctuation in Parental Self Efficacy upon experiencing post-migration stressors post-intervention

Study design

Intensive longitudinal design

Intervention

Verbal feedback aimed to boost Parental Self-Efficacy

Contacts

Public

University of Amsterdam

Hend Eltanamly

+31611406744

Scientific

University of Amsterdam Hend Eltanamly

+31611406744

Eligibility criteria

Inclusion criteria

- 1. Parent of child aged 10-15.
- 2. Family is a war-refugee.
- 3. Relocated to the Netherlands within the past 5 years.

Exclusion criteria

- 1. Parent and child have not experienced the war together.
- 2. Family is illiterate.

Study design

Design

Study type: Interventional

Intervention model: Other

Allocation: Non controlled trial

Masking: Single blinded (masking used)

Control: N/A, unknown

Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 15-04-2019

Enrollment: 60

Type: Anticipated

IPD sharing statement

Plan to share IPD: Undecided

Ethics review

Not applicable

Application type: Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL7667

Other Ethical Committee - University of Amsterdam : 2018-CDE-9487

Study results