

The effect of Art Therapy in individuals with Personality Disorders cluster B/C: a RCT.

Het effect van beeldende therapie bij personen met persoonlijkheidsstoornissen cluster B/C: een RCT.

No registrations found.

Ethical review	Not applicable
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON22585

Source

Nationaal Trial Register

Health condition

Personality Disorders, cluster B/C

Persoonlijkheidsstoornissen, cluster B/C

Sponsors and support

Primary sponsor: Initiator:

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Secundairy sponsor/ facilitator PHd. Research/ Promotie-onderzoek:

GGNet, centrum voor geestelijke gezondheid/ centre for Mental Health.

Hogeschool Arnhem en Nijmegen, instituut Social Studies/ HAN University, Institute Social Studies.

Source(s) of monetary or material Support: Secundiary sponsors:

GGNet, centrum voor geestelijke gezondheid/ centre for Mental Health.

Hogeschool Arnhem en Nijmegen, instituut Social Studies/ HAN University, Institute Social Studies.

Intervention

Outcome measures

Primary outcome

1. Acceptance and Action Questionnaire-II (AAQ-II, Nederlandse versie, Jacobs et al., 2008) - concept acceptation/ experiëntiël avoidance of unpleasant experiences;
2. Schema Mode Inventory - 2 (SMI, Young et al, 2007) - concept personality pathology in schema modi;
3. Dutch Mental Health Continuum-Short Form (MHC-SF, Nederlandse versie, Lamers, et al., 2011)- concept positive mental health.

Secondary outcome

1. Outcome Questionnaire 45 (OQ45, Lambert, 1996)- concept psychological complaints, interpersonal functioning and functioning in society role;
2. Mindful Attention Awareness Scale (MAAS, Schoevers et al., 2008);
3. Art Therapy Questionnaire for Personality Disorders, cluster B/C (BTV-PS b/c, Haeyen, 2012).

Study description

Background summary

The aim of this study is to examine the effects of Art Therapy on the psychological functioning in Personality Disorders Cluster B/C using a randomized controlled crossover design (intervention versus waiting list control condition). We expect that Art Therapy will

result in less personality pathology, more acceptance, and less experiential avoidance of unpleasant inner experiences. This research contributes to the evidence base of art therapy in patients with personality disorders and the efficiency of practices within the mental health care.

Country of recruitment: The Netherlands.

Study objective

In this randomised controlled study, the effects of art therapy is examined on psychological functioning of patients with a personality disorder. It is expected that art therapy results in less personality pathology, more acceptance, and less experiential avoidance of unpleasant inner experiences.

Study design

All participants will start with a pré-test by completing questionnaires. The first group will start with the intervention immediately after the pre-test. The second group will not receive an intervention (waiting list control condition). After ten weeks, all participants will fill in questionnaires. Ten weeks after the second measurement, measurement 3 takes place.

Intervention

Art Therapy:

A protocol designed for 10 sessions of Art Therapy, based on the theory and assignments as described in: 'Don't act out but live through' In Dutch: 'Niet uitleven maar beleven' about Art Therapy with patients suffering of Personality Disorders (Haeyen, 2007). The goal of Art Therapy is to improve mindfulness, emotion regulation skills, and interpersonal functioning. This protocol describes an outpatient group treatment, a closed group with a maximum of 8 to 9 participants.

The control group will be on a waiting list.

Contacts

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Eligibility criteria

Inclusion criteria

1. IQ>80;
2. Personality disorder is the main psychopathological diagnosis;
3. Adequate speaking of the Dutch language;
4. Medication: Stable for at least one month.

Exclusion criteria

1. Acute crisis;
2. Psychosis;
3. Actual and serious suicidality;
4. Severe brain pathology i.e. serious stroke last year, severe epilepsy, delirium, dementia, cerebral trauma.

Study design

Design

Study type:	Interventional
Intervention model:	Crossover

Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-05-2013
Enrollment:	76
Type:	Anticipated

Ethics review

Not applicable	
Application type:	Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL3767
NTR-old	NTR3925
Other	CMO UMC St Radboud, Nijmegen : 2013/128
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results

Summary results

N/A