Psychoeducation for older adults with ASD

No registrations found.

Ethical review	Not applicable
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON22920

Source
NTR

Health condition

Autism, Autism spectrum disorder, Psychoeducation
Autisme, Autismespectrumstoornis, Psycho-educatie

Sponsors and support

Primary sponsor: Academische Werkplaats Autisme Reach-Aut Dr Leo Kannerhuis & Universiteit van Amsterdam
Source(s) of monetary or material Support: Fund = initiator = sponsor and ZonMW

Intervention

Outcome measures

Primary outcome

Autism Spectrum Quotient (AQ) self - AQ other (i.e., difference score) between week 2, 6, and 12.
Cognitive Failures Questionnaire (CFQ) self - CFQ other (i.e., difference score between week 2,3, and 12.

Cognitive Failures Questionnaire (CFQ) self - CFQ other (i.e., difference score) between 0 and

6 weeks.

Secondary outcome

RCI of the following measures:

Pearlin Mastery Scale

General Self-Efficacy Scale

Rosenberg self-esteem schedule

Internalized Stigmatization of Mental Illnesses -10

WHOQoL-BREF

Remoralisatieschaal

Study description

Background summary

In this timeseries study we will examine the effect of the psychoeducation "Ouder & Wijzer: psycho-educatie voor ouderen met ASS". During the baseline phase, participants will fill out questionnaires each week. Subsequently, during the intervention phase, participants will both fill out questionnaires as well as receive the psychoeducation each week. Older adults (55+) will be included in the study. The psychoeducation is specifically focused on aging with ASS, and was developed in collaboration with clinicians and people with ASS. Topics include, for example, cognitive aging and changes in health, living arrangements, social networks.

Study objective

Psychoeducation is recommended after diagnosis. For older adults with autism there currently is no evidence based psychoeducation available. We hypothesize that participating in our psychoeducation will lead to a more comprehensive understanding of the person's autism and cognitive abilities. The beneficial effect is defined as a smaller discrepancy in reported autism symptoms and cognitive abilities between the person with autism themselves and an important other. Furthermore, we expect a decreased discrepancy to be followed by improvements in participant’s daily lives.

Study design

Screening participants: week 1

Baseline phase: week 2, 3, 4, 5, and 6

Intervention phase: week 7, 8, 9, 10, 11, and 12

Intervention

"Ouder & Wijzer: psycho-educatie voor ouderen met ASS"

"Older & Wiser: psychoeducation for older adults with ASD"

Contacts

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Eligibility criteria

Inclusion criteria

Participants can be included in the study if they:

1. Have a clinical diagnosis of Autism, Asperger Syndrome or PDD-NOS acoording to DSM-IV or Autism Spectrum Disorder according to DSM-5

2. Are 55 years old or older

3. Are proficient in the Dutch language

4. Can participate in a group setting

5. Have an IQ of 80 or above

6. Have previously had basic individual or group psychoeducation about ASD

Exclusion criteria

Participants can not be include in the study if they have comorbid problems that need immediate care

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL

Recruitment status:	Pending
Start date (anticipated):	08-08-2018
Enrollment:	10
Type:	Anticipated

Ethics review

Not applicable

Application type:	Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL5670
NTR-old	NTR5907
Other	Ethische Commissie Universiteit van Amsterdam : 2015-BC-4464

Study results