

# Enhancing Executive Functions among Elementary School Children: Train your Mind

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON22938

### Source

NTR

### Brief title

TyM

### Health condition

executie functions, health, eating, emotion-regulation, school performance, cognitive, socio-emotional development, concentration

## Sponsors and support

**Primary sponsor:** Maastricht University

**Source(s) of monetary or material Support:** Province of Limburg, Maastricht University

## Intervention

## Outcome measures

### Primary outcome

Executive Functions

## Secondary outcome

emotion-regulation, attention, concentration, BMI, eating behavior (fruit, vegetables, sugary drinks, unhealthy snacks), physical activity

## Study description

### Background summary

na

### Study objective

TyM increases EF's, and consequently fosters healthy behaviors, emotion-regulation, and school performance.

### Study design

T0: 10-2015

T1: 06-2016

T2: 12-2016

### Intervention

Focused exercise (kung fu), cognitive training: collective board games, individual online games, socio-emotional development, eHealth

## Contacts

### Public

Joachim Bervoets  
Maastricht  
The Netherlands

### Scientific

Joachim Bervoets  
Maastricht  
The Netherlands

## Eligibility criteria

### Inclusion criteria

elementary school children, aged 9 to 11, normal population

### Exclusion criteria

parent(s) oppose(s)

## Study design

### Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	02-11-2015
Enrollment:	800
Type:	Anticipated

## Ethics review

Not applicable	
Application type:	Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL5508
NTR-old	NTR5804
Other	: ERCPN, dd. 13-08-2015, ERCPN-06-06-2015

## Study results

### Summary results

na