# Treating self-esteem in youth with Autism Spectrum Disorder: A randomized clinical trial.

No registrations found.

**Ethical review** Not applicable

**Status** Pending

Health condition type -

**Study type** Interventional

## **Summary**

#### ID

NL-OMON22949

**Source** 

NTR

#### **Health condition**

ASD, youth, Cognitive Behavioral Therapy, Competitive Memory Training (COMET), Autisme, jeugd, Cognitieve Gedragstherapie.

## **Sponsors and support**

**Primary sponsor:** University of Amsterdam (UvA)

Source(s) of monetary or material Support: University of Amsterdam (UvA)

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

- 1) Self-esteem will be measured using the Rosenberg Self-Esteem Scale
- 2) Self-perceived competence will be measured using the Competentiebelevingsschaal (Self-perceived Competence Scale)
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#### **Secondary outcome**

- 1) Depression symptoms will be measured using the Children's Depression Inventory (CDI)
- 2) Anxiety symptoms will be measured using the X
- 3) Behavior problems will be measured using the Strenghts and Difficulties Questionnaire

# **Study description**

#### **Background summary**

This study aims to investigate the effect of Competitive Memory Training (COMET) on selfesteem, anxiety symptoms, depressive symptoms and behavior problems in youth with ASD using a randomized clinical trial.

#### **Study objective**

Competitive Memory Training (COMET) will improve self-esteem, anxiety symptoms, depressive symptoms and behavior problems in youth with ASD.

#### Study design

T0: Just before therapy

T1: After 7 weeks of treatment (Either COMET or TAU)

T2: After 7 weeks of treatment (the other treatment than before T1)

#### Intervention

7 weekly sessions of Competitive Memory Training (COMET) vs 7 weeks Treatment As Usual.

## **Contacts**

#### **Public**

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#### **Scientific**

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# **Eligibility criteria**

### **Inclusion criteria**

- 1) Be between 8 and 16 years old;
- 2) Have a prior ASD diagnosis;
- 3) A confirmed ASD diagnosis on the Social Responsiveness Scale;
- 4) a full scale IQ >80 measured by the short version of the Dutch Wechsler Intelligence Scale for Children;
- 5) The child or parents articulate that the child has low self-esteem.

#### **Exclusion criteria**

- 1) Mood disorder with a risk of suicide;
- 2) Prevailing trauma;
- 3) Specific low self-esteem is realistic (e.g. obese child has negative thoughts on his/her weight)

# Study design

## **Design**

Study type: Interventional

Intervention model: Crossover

Allocation: Randomized controlled trial

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Masking: Single blinded (masking used)

Control: Active

#### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 12-01-2017

Enrollment: 68

Type: Anticipated

## **Ethics review**

Not applicable

Application type: Not applicable

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL6163 NTR-old NTR6310

Other Ethics Review Board (FMG-UvA): 2016-DP-7315

# **Study results**

Summary results n/a	