# Loss of amino acids during hemodialysis

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Observational non invasive

## **Summary**

### ID

NL-OMON22996

Source NTR

Brief title LAAD

#### **Health condition**

Hemodialysis; hemodialyse amino acid loss; aminozuur verlies high-flux membrane; high-flux membraan

### **Sponsors and support**

**Primary sponsor:** Maastricht University Medical Centre+ **Source(s) of monetary or material Support:** Maastricht University Medical Centre+

### Intervention

### **Outcome measures**

#### **Primary outcome**

• Total amount of amino acids lost in the dialysate during a routine HD session in the MUMC+ in grams / session and grams / kg body weight

- Change in plasma amino acid concentration in  $\mu mol$  / L

#### Secondary outcome

- $\bullet$  Dietary intake in calories and grams of protein per 24 hours of the outpatient population on chronic HD in the MUMC+
- Handgrip strength in kg
- Lean body mass and relative lean body mass in kg and %, respectively

# **Study description**

#### **Background summary**

'Chronic hemodialysis patients show declined muscle function, exercise performance and quality of life after hemodialysis treatment is necessary. The cause of this decline is suggested to be multifactorial. One of the most important catabolic stimuli present in chronic hemodialysis patients might be loss of nutrients in the dialysate. Amongst these nutrients, amino acids form the most important macronutrients, as these are essential for muscle maintenance. To date, studies which assessed the amount of amino acid loss during hemodialysis did so in fasted patients. However, this might not represent the amino acid loss during routine hemodialysis, during which most patients are allowed to eat and/or drink. Therefore, this study will assess the amino acid loss in chronic hemodialysis patients consuming their habitual diet.'

#### **Study objective**

We hypothesize that the amino acid loss in the dialysate during a routine HD session in the MUMC+ will be between 8-12 g/session, resulting in a significant decline in plasma free amino acid concentration.

#### Study design

Pre (t=0) and post (t=180 - 300) hemodialysis

Every 30 minutes of the hemodialysis procedure (t=30, t=60, t=90, t=120, t=150, t=180, t=210, t=240, t=270).

#### Intervention

N/A

# Contacts

#### Public

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# **Eligibility criteria**

### **Inclusion criteria**

- Age over 18 years
- Glomerular filtration rate <15 ml/min/1.73m2
- Urine production <100 ml/day
- HD treatment 3 times per week for 3-5 hours per session
- Chronic HD at the MUMC+ for >6 months

### **Exclusion criteria**

- One or more missed HD sessions in the last 4 weeks before participation
- Hospital admission in the last 12 weeks before participation
- Pregnancy

- Infections (infectious diseases, skin infection, infection of mucous membranes, etc.)
- Cognitive disorders

# Study design

### Design

Observational non invasive
Parallel
Non controlled trial
Open (masking not used)
N/A , unknown

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-11-2017
Enrollment:	10
Туре:	Anticipated

# **Ethics review**

Not applicable	
Application type:	Not applicable

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL6906
NTR-old	NTR7101
Other	METC-17-4-071 : METC azM/UM

# **Study results**