

# Effect of a new internet-tool on health and sickness absence

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON23059

### Source

NTR

### Brief title

-

### Health condition

Employees with frequent absenteeism. Frequent absenteeism is defined as: (registerd) sickness absence 3 or more times per year.

## Sponsors and support

**Primary sponsor:** UMCG

**Source(s) of monetary or material Support:** UMCG Gezondheidswetenschappen, sectie Sociale Geneeskunde

## Intervention

## Outcome measures

### Primary outcome

Frequency of sickness absenteeism (number of times of absenteeism in a period of 1 year)

### Secondary outcome

## Study description

### Background summary

Rationale: Frequent absenteeism is a problem for both employer and employee. In order to support employer and employee an internet tool has been developed.

Objective:

The main aim of the study is to compare the effects of the intervention on the frequency of absenteeism. A second aim is to test the effects of the treatment on frequency absence duration, burn-out, engagement and work ability.

Study design:

The study is an RCT with 1 control group and 2 intervention groups (1 with only the internet tool and one with internet tool and consultation with an occupational physician)

Study population:

Employees who were absent 3 or more times in the period between 15 november 2012 and 15 november 2013

Intervention:

The intervention is an internet tool developed based on various tools used within the field of occupational medicine

Main study parameters/endpoints:

The main study parameters are absence frequent, absence duration, burn-out, engagement and work ability

### Study objective

Frequent absenteeism is a problem for employers and employees.

The objective of the study is to research the effect of an internet-intervention (with and without consultation with the Occupational Physician) on the frequency of absenteeism

### Study design

1 year (and 2 years) after start of study:

- sickness absence registration of occupational health provider
- UBOS questionnaire (burn-out)
- UWES questionnaire (engagement)

- WAI (1 question): work ability

## **Intervention**

Selfmanagement, internet-based tool, with additionally (in the second intervention group) an advisory consult with an occupational physician

## **Contacts**

### **Public**

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### **Scientific**

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## **Eligibility criteria**

### **Inclusion criteria**

Employees who were 3 or more time absence on sickleave in the period from 15 nov. 2012-15 nov 2013

## Exclusion criteria

Non-dutch reading

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	N/A , unknown

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	10-12-2013
Enrollment:	300
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	13-12-2013
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL4157
NTR-old	NTR4316
Other	METcUMCG : METc2013/131
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Study results

### Summary results

N/A