

Marconutrient composition of self-selected hospital meals

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Observational non invasive

Summary

ID

NL-OMON23153

Source

NTR

Brief title

Invent meals

Health condition

meal composition; hospital meals

Sponsors and support

Primary sponsor: UNIVERSITY MEDICAL CENTER) Maastricht University Medical Center (MUMC+)

Source(s) of monetary or material Support: N/A

Intervention

Outcome measures

Primary outcome

- Provided amount of total energy, protein, carbohydrates and fat (KJ and grams/day)
- Consumed amount of total energy, protein, carbohydrates and fat (KJ and grams/day)

Secondary outcome

N/A

Study description

Background summary

There is limited data available on the macronutrient composition of the current hospital meals and the consumption by the patient during short-term hospitalization. In the present study we will assess the macronutrient composition of self-selected hospital meals. During 4 months we will weigh and record all meals and snacks, provided and consumed in a hospital ward.

Study objective

Macronutrient composition of self-selected hospital meals does not match nutritional needs

Study design

All days during hospitalization, all meals and snacks will be weighed and recorded

Intervention

N/A

Contacts

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Eligibility criteria

Inclusion criteria

Patients admitted to a hospital ward

Exclusion criteria

N/A

Study design

Design

Study type:	Observational non invasive
Intervention model:	Other
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	18-04-2016
Enrollment:	100
Type:	Anticipated

Ethics review

Not applicable	
Application type:	Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL4058
NTR-old	NTR5942
Other	: NONE

Study results

Summary results

N/A